

north coast

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Race Day

Cars, smoke, consumption
and the quest for speed at the Acres

By John J. Bennett

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on the cover:
 Photo by John Bennett

MAILBOX

Who's Accountable?

Editor:

This year I volunteered for the Point in Time Count ("The Numbers Are Out and the Jury is In," July 16). I attended the training session and was told I would be phoned to tell me my assigned station to report to the day of the count. Two days before the count, I had received no call so I called in and could get no one to speak with. I then called Fox Olson and she said I could report to her station in Arcata and give out cups of coffee. It was clear that I would not be of any real use. I later found out that a number of people who had volunteered had not been called. I emailed the committee in charge of the count after the count had been done and related my experience. I received no response.

After speaking with a number of people with past and current PIT experience, I learned that the count is and has been poorly done. Some people implied that it was to the advantage of existing organizations to have it be so, but I got no clear picture as to why this would be. Fox Olson saying the count was just a snapshot is apparently an accurate statement but why is this the case? Funding rides on those numbers, so I would have thought that every effort should be made to have them be accurate. Maybe the PIT needs to be run by people not directly involved. Who is in charge of creating the committee?

Sylvia De Rooy, Eureka

Pity the Poor Farmer

Editor:

Let's look at Steve Dodge's numbers ("Left with Nothing," July 16). First off, income taxes are paid on net profits not gross sales. Assuming his hypothetical grow numbers are correct, his \$230,000 in gross sales will be reduced annually by his cost of production (\$115,000) and business and licensing fees (five items totaling \$3,960). His net annual profit is now \$111,040. The rest of his numbers related to building infrastructure (well drilling, pond installation, etc.) are business startup costs and do not recur every year. But just to be fair, let's reduce his net profit by an additional \$15,000 per year. His taxable income is now a measly \$96,040. And yes, he will have to pay federal and state income taxes on that amount, just like the rest of us have been doing for years.

I bet there are a lot of hard working Humboldt County families that would be thrilled to have an income like that ... Ouch! Left with nothing. Really??

Dick Bruce, Trinidad

Cartooning Cannabis

Editor:

In your July 2 issue, you ran a delightful cartoon by Terry Torgerson displaying the Cannabis Chorale. On July 16 ("Letters"), Hezekiah Allen criticized your cartoonist for lampooning California Cannabis Voice Humboldt. Hezekiah represents the Emerald Growers Association (EGA), which backs CCVH. I respond:

1. TRUST. CCVH Executive Director Richard Marks recently told *The Independent* that he made "about \$5,000 during his eight months" of working for CCVH, but the CCVH Political Action Committee filing last fall alone shows CCVH paid Marks \$10,000. Is this what they mean by trust?

2. ENVIRONMENT. Ministerial permits are the dark alleys of environmental rapists. The CCVH proposal has got them. Take "lawful sources of water." Under their proposal you "attest" to the Agriculture Commissioner that you have them. "Attest" is a fancy word for just say so. If the county were to check on the facts, that could mean CEQA environmental review for which no ministerial (automatic rubber stamp) permit works. CCVH's way makes it nearly impossible to correct anything. The grower who doesn't bother with permits gets only a misdemeanor. This darkness hides environmental trashing.

3. MEGA-GROWS. Hezekiah ignores monster grows by deflecting discussion to a perverted idea of "small" grows. His 6,000 square foot "small" grows are triple the maximum size most growers chose in our polling. The EGA/CCVH construction

What did we see?

Didn't we see the shallow, mud-bottomed bay simmering, tendrils of fog lifting like egret feathers, the wide flat water shimmering under a silver sun?

Did I just miss the lordly egret skimming the marsh trees, pacing his double swimming below the dark water?

What else have we missed, driving the freeway yards from the still bay, the teeming waters another universe,

another freeway below and beyond the daily commute, the buzzing quotidian?

— Aline Faben

co-opts small farmers and makes monster grows look modest.

4. DIVERSIONS AND POLLUTION. Island Mountain ("Week in Weed," June 26) showed plenty of bad environmental behavior. How much of it will CCVH people own up to? Trust them?

Casey O'Neill (EGA president) and Hezekiah Allen (EGA executive director) should tell us how much money is shared between EGA, CCVH and funders. What are the ties? And Hezekiah should tell us how and why his name is on one of those Island Mountain deeds. This time, check first to see what your figures "really" are, \$5,000, \$10,000? Or did EGA/CCVH "forget" to report them?

Robert Sutherland, Ettersburg.

Editor's Note: A June 26 article in the Santa Rosa Press Democrat notes that Allen is listed as an owner of one of the properties, but says Allen told the paper he doesn't grow pot and has previously

attempted to remove his name from the property's deed.

Not So Nutty

Editor:

Well, Barry, you've had your fun writing quasi-science columns over the last few years, but this time you've gone too far. Not only is your "Cool Contrails" (July 2) column not science, not even quasi-science, it's pure trash talk!

Contrails are a common phenomenon that most of us have observed and they generally dissipate in relatively short time spans. Chemtrails, on the other hand, remain in the sky over long periods of time, disperse and form a dirty cloud cover that persists for hours and sometimes even days.

Numerous inquiries to federal officials and agencies have resulted in the same kind of derisive response as appears in your column or have resulted in no response at all. In that kind of information vacuum, speculation usually runs rife and gives rise to legitimate questions as well as to the wildest speculations. You could have provided a valuable science lesson to our local populace by seriously looking into the chemtrail phenomenon by carefully perusing the available chemtrail data on the Internet, which isn't all hype as so ridiculously stated in your article, instead of dismissing it as a "nutty world of conspiracies."

Anyone who observes our local skies

Comments of the Week

"Nothing is going to happen — the homeless will call their bluff again. And now we are delivering food to the homeless in a place they are not supposed to be. Talk about enabling."

— Cindy Hinkley

"How about building a kibbutz style community for those who don't fit into the crazy capitalistic system we've created. Compassion is higher than competition on a human level. Society is broken."

— Evan Schwartz, also commenting on posts to the Journal Facebook page about Eureka's ongoing efforts to clean up a homeless encampment behind the Bayshore Mall.

on a regular basis knows that chemtrails are real and possibly dangerous to human health and the planet's well-being. If done under the guise of GeoEngineering, chemtrails smack as the height of hubris. Instead of tinkering with nature's laws, we should be reducing our carbon footprint and increasing sustainability in every sense of that word.

SkyWatcher,
AKA Erich Franz Schimps, Arcata

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News

Arcata Eyes Costly Divorce

City weighing Community Choice energy options

By J.A. Savage

newsroom@northcoastjournal.com

If Arcata divorces PG&E for its own “personal space,” speaking electricity-wise, that independence may come at a cost rivaling alimony, according to a recently released feasibility study.

Arcata and the county of Humboldt are currently in the process of researching community choice aggregation, which would allow them to start their own electric providers or contract out to a third-party electric broker in an effort to find cheaper rates or power from more renewable sources. But the feasibility study, compiled by California Clean Power, one of two companies Arcata is looking at to potentially manage its program, found that the city creating its own electricity management agency “is not financially feasible.”

The key words are “its own,” said Peter Rumble, chief executive officer of the for-profit California Clean Power. But Rumble said his company is still willing to front start-up money and take the financial risk even on an Arcata-alone project — offering a potential “no-fault” divorce from PG&E.

But California Clean Power’s “model has not been proven yet. In some ways it’s too good to be true,” said Jim Zoellick, senior research engineer for Schatz Energy Research and a member of Arcata’s energy committee. “If things go really well, the profits go to California Clean Power. If they take too big a hit, then we’re left holding the bag and may have to go back to PG&E.”

But, according to California Clean Power’s feasibility study, what won’t work financially is if Arcata were to decide to start up its own electric provider, using its own funds. With a 50-percent renewable

energy component in delivered electricity, it would cost Arcata \$1 million to \$1.6 million to break up with PG&E and strike out on its own, according to the study.

While the numbers don’t look good, Rumble said his company is set to spread out the financial risk among other communities who may use its services. “That’s by design, to give smaller communities the opportunity beyond waiting until the region decides,” Rumble said.

An estimated price tag exceeding \$1 million for Arcata’s go-it-alone option is a far different conclusion than earlier this year, when the same company predicted “large amounts of revenue” for the city, noted Mayor Michael Winkler. Arcata asked for more details, and now the feasibility study shows otherwise. There’s been discussion of having a set payment to the city if a for-profit company is hired, but there are no details.

Enter the polyamorous approach.

Arcata, Humboldt County, and the Redwood Coast Energy Authority are all looking into Community Choice. That is, the city/county/authority could become its own electricity provider, in a separation from the current utility. PG&E would get to keep the poles and wires sending electricity to you, but purchasing power, billing and other necessary accoutrements would be provided through a municipality. The agencies could do it on their own, or could hire one of the two for-profit companies — including California Clean Power — that are offering services to create a new utility.

“The way I’ve been thinking is to go through Redwood Coast Energy Authority,” Winkler said. That is the regional organization that has a joint powers agreement with the county, several cities,

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and the Humboldt Bay Municipal Water District.

Redwood Coast Energy Authority Director Matthew Marshall said that's just the route being explored. "We are moving forward with the goal of a regional program," he said.

He noted that on June 29, the authority established priorities to "pursue development of a [Community Choice] business plan that prioritizes utility rate savings for the community combined with the utilization of local renewable energy resources, including existing facilities, to the greatest extent technically and financially feasible."

Marshall added that the county and cities "will need to each adopt an ordinance for their jurisdiction to participate in the community choice program, so we will be providing presentations in August to city councils to introduce the topic prior to them considering an ordinance."

The Humboldt County Board of Supervisors is also supposed to vote on an ordinance in support of the concept in August. "The specifics of the ordinance are still being developed," county spokesperson Sean Quincey said.

Local municipalities have a wealth of expertise to rely on in looking at various options, said Kim Malcolm, a consultant for Local Energy Aggregation Network. "Humboldt seems savvy about what it's getting into," Malcolm said.

Sources say what's being discussed is having a private company either handle the whole move away from PG&E, or facilitate administration of the plan. This is unlike other Community Choice programs. Sonoma County (with the exception of Healdsburg) administers its own Community Choice. Marin County not only runs its own, but has reached across county lines to other regions. Lancaster is set to run its own program within the city.

If either Arcata or Humboldt County instead proceeds with a private company to administer the program, it would be the first in the state to do so. So, while Rumble noted he plans to spread the financial risk, there's yet to be another entity to help with dispersing it.

The county-wide economies of scale could push it into more financially fruitful territory. With 154,000 accounts, Sonoma's program, for example, has higher-than-expected revenues, although it is still operating with tight margins due to its initial start-up costs, according to Sonoma Clean Power.

Another private firm, Community Choice Partners, is also interested in putting together a program for the local region. Anticipating profits, this company would initially take the financial risk, like California Clean Power, but would turn

over management to the local entity after a few years, according to Winkler. Community Choice Partners is "much more amenable" to developing in-county, or in-city renewable resources than the Clean Power, he added. California Clean Power intended to act more like an electricity broker, with the municipality reduced to a "passive" position, Winkler added.

In a less-passive position, municipalities would have more authority over what to do with any proceeds from creating a Community Choice program, which aims to give customers more say in where their power comes from. That could result in investment in solar, wind and even biomass infrastructure in the county, as well as in efficiency and conservation efforts. Participating entities could also choose the percentage of renewable electricity procured, in some cases even trading higher rates for cleaner power.

Even if the authority, the county and Arcata do not adopt Community Choice, getting 50 percent of electricity from renewable sources may soon become state law.

A bill, authored by Senate President Pro Tem Kevin de León (D-Los Angeles), requiring half of California's electricity to be derived from wind, solar or other renewable sources by 2030 passed the senate June 3 with a 24-14 vote. It's now moving through the Assembly with an excellent chance of being signed into law with the governor's support. ●

J.A. Savage is a freelance journalist living in Trinidad. Former editor of California Current, she's written for the San Francisco Chronicle, the Los Angeles Times and the S.F. Bay Guardian.

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MEDICAL

Skilled Nursing Facilities Now Taking Patients

Lisa Ciccant, spokesperson for St. Joseph Hospital, confirmed that local skilled nursing facilities have begun accepting patients from the hospital again. St. Joseph had previously been told by the facilities' management company, Rockport, that they would not accept any of the hospital's patients, forcing those who needed skilled nursing to go out of county. The local Program for All Inclusive Care for the Elderly (PACE) still has not had its contract with the five local skilled nursing facilities reinstated, although PACE director Justine Medina reports that the program has only had to place one elder in skilled nursing during the last year.

On July 23, Rockport's CEO Brad Gibson gave a presentation to the Fortuna Rotary Club in which he discussed the company's three-and-a-half month refusal to accept patients. The *Journal* has attempted to contact the company, but

repeated emails to its public relations spokesperson, Sallie Hofmeister, have not been returned.

For more information about the shut out, read our July 9 cover story, which featured the tale of Geoffrey and Queenie Spencely, detailing Geoffrey's efforts to get his wife into a skilled nursing facility. The *Journal* has learned that Queenie passed away the morning the story came out.

— Linda Stansberry

COMMUNITY

Eviction Notices Served to Marsh Homeless. What Now?

"The main thing is to get people here so we can connect as a community," said Roger Pryor as he laid out bowls of taco fillings on July 22. Pryor is part of a group of advocates dubbed "Friends of the Marsh," that has been serving weekly lunches in the Bayshore Mall's north parking lot in an attempt to engage homeless people camping behind the mall. On this day, the group was joined by Eureka Police Chief Andy Mills and Ward 3 City Councilmember Kim Bergel, who presented on the previous night's city council meeting and the projected fate of the settlement, which is believed to be 113-people strong.

On July 15, Eureka police officers posted a notice to vacate on all camps behind the mall, telling residents they had 10 days to leave and take their belongings or "face prosecution." This created a spirited discussion between homeless advocates, city employees and the Eureka City Council. Many wondered where Eureka's homeless — whose numbers exceed the amount of emergency shelter beds by a ratio of 3-to-1 — would ultimately go.

At the city council meeting, Parks and Recreation Director Miles Slattery expressed his frustration at having so many illegal camps on city property. "The campers in



COMMUNITY

Now, that's style!

Our county's residents boast a variety of styles, but when it comes to looking your Humboldt-est, we don't think anyone does it better than Eureka's Traci and Barney Barnwell, as photographed by Jay Cowden. This year, they put on their Fourth of July best and enlisted their chicken friend Buffy the Bug Slayer to pose with them, which was good enough to take first place in the *Journal's* reader photo contest. Good job, Traci and Barney (and Buffy) — you make Humboldt look good! Check out the other finalists at www.northcoastjournal.com.

— Grant Scott-Goforth



COMMUNITY

Jefferson Project Fights Summer Hunger

Friends Patti Henderson and Victoria Heiser share lunch at the Jefferson Project. The community center offers a free summer lunch program to children and teens, as well as a free enrichment program for West Side youth that teaches them gardening, cooking and other skills. Read more at www.northcoastjournal.com.

— Linda Stansberry

the marsh have not only caused blight and environmental concerns, there is also an unruly and negligent part of the population that has caused significant stress to city workers, community members and business owners," said Slattery.

Councilmembers and Chief Mills seemed to agree that a wholesale eviction of marsh campers wouldn't be effective, although arresting people for camping or other issues wasn't completely off the table. "Let's not kid ourselves," Mills told the council. "We're not going to arrest our way out of this problem, but there must be some sort of social control. If that's the only leverage we have at this time, then we have to use it."

On the day of the weekly lunch, Mills waited for everyone to get food and find seating before he addressed the crowd. The campers, about 20 in all, sat on makeshift benches and folding chairs. At least five children were present — including a pre-teen girl with a smudged face and dirty shorts, and a toddler in an oversized motorcycle helmet. One older woman with badly shaking hands asked Mills if he would wait a moment, as she needed to step away for a minute and get her anxiety under control.

"No problem, Elizabeth," said Mills as she ducked back into the bushes.

Mills' message to the campers echoed his words at the city council meeting: A small minority of marsh residents are responsible for the vast majority of the problems. Mills said his officers had contacted 110 residents on July 15 and had run their criminal histories. According to Mills, 63 had a history of theft, 49 a history of violence. Just 12 people in the encampment had made up 55 percent of arrests.

"As the chief of police, I cannot allow a crime to go unprosecuted," he said. "You have to put pressure on each other. The city is going to continue working and cleaning on a weekly basis."

"We'll help!" said one man, spurring a murmur of agreement.

At the city council meeting, Councilmember Natalie Arroyo asked the question she called "the elephant in the room."

"We told people they had 10 days to leave — that would be July 25 — so, what happens in three days?"

"We will begin to cajole people into leaving," said Mills.

Where they go remains to be seen.

— Linda Stansberry

THE WEEK IN WEED



HOLLY CARTER CLEANS BAGS WITH A LEAF BLOWER.
SUBMITTED PHOTO.

Growing a Greener Bud

Holly Carter doesn't have a good estimate on how many plastic soil bags wind up in landfills, but judging from the "hundreds of thousands" she sees enter the Garberville-Redway area on flatbed trucks every grow season, it's many. In addition to the high carbon footprint associated with trucking dirt into our rural and rugged region, out-of-town soil takes another unexpected environmental toll. While the bags, most of which are made with low-density polyethylene plastic (#4 LDPE), do bear a recycling symbol, the chances of them actually being reincarnated are slim.

Part of that is due to the high-volume, low-weight nature of plastics. Jill Duffy, executive director of Humboldt Waste Management Authority, says transporting bags to recycling brokers in the Bay Area yields a poor return on investment.

"It's just not the same economy of scale as aluminum or paper," says Duffy. "The commodity value is low. It costs us more to transport than it's worth."

Should a bag make it to a broker, it often faces a long international journey with the possibility of being turned away at the border. Most plastics are recycled in China, but so many boatloads of bottles and bags were arriving dirty and unfit for processing that that country's own landfills began to groan with American waste. In 2013, China enacted the "Green Fence" policy, turning away ships carrying contaminated goods at the port. Plastic soil bags, which are used to contain dirt are

often, well ... dirty. Neither consumers nor recycling authorities had come up with an effective way to clean them, according to Carter, who says she has picked up "thousands" as part of her work with Hum Love, a Southern Humboldt-based community clean-up project.

"We saw a lot when we were cleaning in Alderpoint," she says, "It was mind-blowing ... you could take them to town and throw them away, but instead they were hucked over a hill."

Carter began calling local recycling plants. None are currently sending the bags on to be recycled.

"A recycling symbol says the technology exists, not that it's done," says Carter. She decided to get proactive. She put the word out to her friends in the industry to bring her their empty soil bags. Then she and a few friends brainstormed the best way to clean them. A leaf-blower attached to a pole proved to be a quick and effective fix. Carter has registered online as a bag drop off point, and says that once she has a pallet of clean bags she'll begin searching for a buyer.

She cautions that the project is still in its "research and development" phase. Right now she is looking for another site to process the bags, and communicating with the waste management companies about a pilot program. She says education about true sustainability is key.

"If the plastic bags from your grow are ending up in landfills, your grow is not sustainable," she says. ●

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Names

Places in California confuse me. When I first moved here I went with friends to the Colorado River south of Lake Havasu and, instead of raging whitewater, I found what seemed like a canal with barren desert and RV parking lots on each side. Death Valley turned out to be beautiful. I expected a lake in Blue Lake and found only a river. I found no fort in Fort Bragg.

Maybe that's why I'm not so bothered by the idea of changing the name of that old mill town.

By now you might have read that State Sen. Steven Glazer proposed Senate Bill 539 to ban the naming of cities after Confederate war heroes. The original version would have forced Fort Bragg and other cities to rename themselves, and some of their streets and other public places. But after Fort Braggites protested, Glazer amended his bill to grandfather in all existing place names.

I don't get hung up on names. I grew up disliking my own name until I discovered how unique it was. I'm the only one in the country according to howmanyofme.com. I have a friend whose career stalled until he changed his name from Ken to Buck. Would I have been as big a fan of Robert Zimmerman as I am of Bob Dylan or of Declan McManus as I am of Elvis Costello? I'd rather watch movies starring The Rock than the same movies starring Dwayne Johnson.

We rename places all the time. When I lived in New York, residents of Hell's Kitchen tried to rename the neighbor-

hood Clinton to raise their property values. Now property in Hell's Kitchen is pricey in part because of the name. In the Bay Area, West Pittsburg became Bay Point in 1993. Army Street became Cesar Chavez. Here, Fortuna used to be Slide.

We name places like streets, rivers and towns after people as a way of landscaping history. Sometimes the lessons work. I knew about Henry Hudson and his ship, the Half Moon, because I lived near the Hudson River. I know a lot about pilgrims because I grew up in a suburb called Colonial Heights on streets named after them. But I once lived on a street called Wendell and I have no idea who he was.

History is important and complicated. Humboldt's own historian, Ray Raphael, has published a series of books on the mythologies we teach our children about the Revolutionary War and the true stories that go untold. As a nation, we want to be proud of our background but we don't want people repeating it by overthrowing the government. We aren't all as proud about the Civil War. Half of the country was on the losing side, for one. And that half fought largely to protect an immoral form of economic life — slavery.

Fort Bragg was named after General Braxton Bragg of the Confederacy before the Civil War. So many Fort Braggites don't see any reason to change it.

I think that if we use place names as history lessons, we shouldn't change them when we discover the history is more complicated than we thought. Most people have skeletons in their

family closets, and it's those skeletons that make our family histories interesting. A genealogy search done by the wife of former Vice President Dick Cheney found that Cheney and Barack Obama were eighth cousins as a result of inter-course between owner and slave.

But some people like clean histories. Ben Affleck got into trouble this year for pushing historian Henry Louis Gates to erase his family's slave-owning past from his PBS show *Finding Your Roots*. The resulting hoopla was so great that PBS killed the entire next season of Gates' show. Affleck's embarrassment was crazy; his mom had been a Freedom Rider in the Civil Rights Movement. The fact that he had both a slave owner and a Freedom Rider in his family closet made Affleck's history more interesting.

Sen. Glazer doesn't think we should honor those in our past who did things of which we are now ashamed. Anyone who worries about that should read the book *Immortality* by Czech author Milan Kundera. In it, the German author Johann von Goethe in heaven tells Ernest Hemingway, "Immortality means eternal trial." Kundera tells us that the stories we tend to remember most about people are the embarrassing ones. People strive for immortality but they can't control it. It is often better to be forgotten than remembered.

If you are going to ban the naming of places because of a shameful history, you shouldn't pick and choose the shame. Maybe we need to rename John Wayne Airport in Orange County

because he once told an interviewer he believed in white supremacy. And don't get me going about Walt Disney. In this paper, Linda Stansberry and contributor Jerry Rohde reported on a whole list of places in Humboldt County named after people who killed Native Americans. But I wouldn't now know about the participation of those historical figures had it not been for the fact that places were named after them. When we write about James Henry Brown now, for whom Brown's Gulch was named, we write how he helped lead the Indian Island massacre. That's not something to be forgotten.

Right now, I am halfway through the book *Brave New World* by Aldous Huxley. In it, the era of the new world of the title begins with a nine-year war in which historical sites are blown up or fire bombed. The obliteration of history is essential to remake the world into a slave state. In real life, that's what the Taliban has tried to do and it is what ISIS is now trying to do.

Some people are ashamed of parts of their history. But obliterating history is scary. ●

— Marcy Burstiner

mib3@humboldt.edu

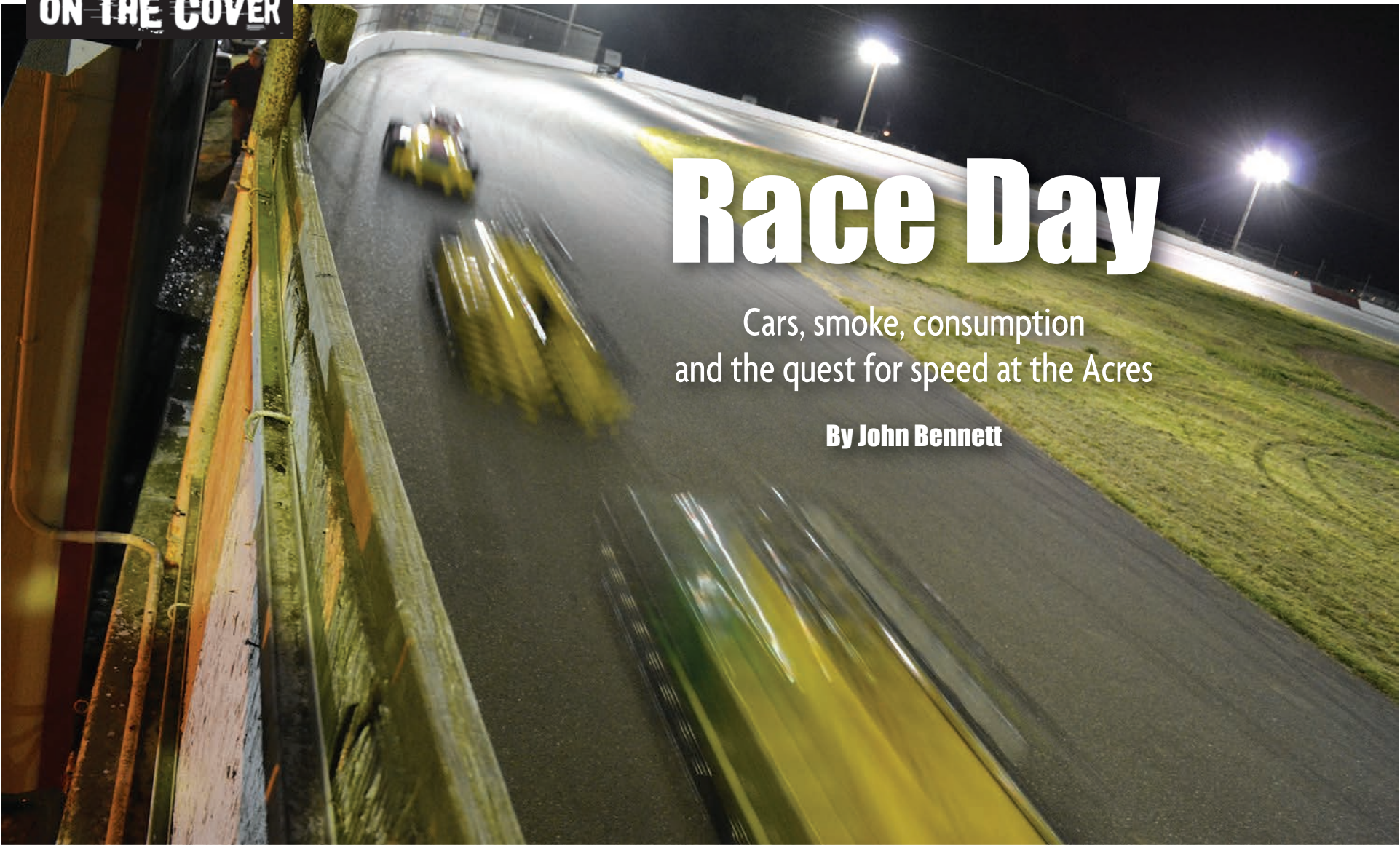
Marcy Burstiner is chair of the Department of Journalism and Mass Communication at Humboldt State University. She is a bit ashamed that she knows of no skeletons in her family closet. But if you go back far enough, she is probably related to Barack Obama.

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Race Day

Cars, smoke, consumption
and the quest for speed at the Acres

By John Bennett

LOCAL STOCK CAR RACING IS A FAR CRY FROM THE NASCAR SPRINT CUP CIRCUIT, AND A FURTHER CRY STILL FROM THE SPORT'S PROHIBITION-ERA ROOTS. JOHN BENNETT

At one o'clock on a bright blue Saturday afternoon, the howling hasn't yet started. There is a lazy gold aspect to everything, a hint of harshness in the glare off the machinery rolling gradually out of trailers and into the pits. People make themselves quietly busy. Superficially they're calm, but clearly anticipatory. Lawn chairs and conversations unfold as adjustments are made. The enclosed trailers yawn open, disgorging the machines and parts and pit crews and tool boxes that will make this thing happen. It's race day.

A thin lady with a husky voice, hair pulled back under an Acres cap, the crisp crease of a hard-pack distinct on the hip pocket of her white jeans, is in control of the public address system. She keys the mic, calls in the course workers, who gather around her in a loose knot and listen quietly while she lays out the schedule for the afternoon. Practice gets underway at 2:30 starting with the slowest class and moving up progressively through the faster ones. Until then, it'll be all check-lists and nervous energy.

A certain strain of Humboldt gear-head has been congregating at Redwood Acres since 1947. At its inception, the Acres was a true dirt track, attracting mildly modified midgets, roadsters and hard tops. In these heady days, just before a national sanctioning body was established, stock car racing was still a distinctly local affair. One could draw a line connecting a great number of tiny tracks all over the United States and follow it back to its point of origin. This type of racing traces its lineage directly to outlaw culture, to the hills and hollers of the American South.

Not surprisingly, ratification of the 18th Amendment to the United States Constitution in 1920, outlawing the production, transport and sale of alcoholic beverages, did nothing to curb a consummately thirsty nation's proclivities. Rather, it drove the booze trade underground and turned it into big business. In the northern cities, organized crime established a foothold in the name-brand liquor game. But in the sleepy, sweaty backwaters of the South, former

hobbyist distillers cranked up production of their own volatile potions. Inherent risk and unceasing demand made for a lucrative industry, but transportation quickly became a problem. It was only a matter of time before the Feds started sniffing around the revenue stream. The Bureau of Prohibition, an arm of the Bureau of Internal Revenue, falling under the auspices of the Department of the Treasury, fell on the bootleggers in force, particularly in the Appalachian region. Being, as federal agents generally are, well-funded and better-equipped, these "revenuers" had little trouble running down their prey, who transported their wares by automobile on mountainous backroads. The ingenuity and entrepreneurial spirit of the rum-runners won out, though, as they began modifying and lightening their cars to outrun pursuers. Hot rodding, and by extension "stock car" racing, was born.

A couple of decades on, the 21st Amendment had undone the folly of prohibition. The nation was surging forward on the momentum of the second World War. In a period of unparalleled prosper-

ity and internal expansion, American car culture entered a fecund, fire-breathing adolescence. Returning GIs with mechanical aptitude, a taste for speed and a little money to spend took up the torch of modification lit by their rum-running predecessors. Spurred by the advent of Ford's V-8 engine in the early 1930s — famously preferred by erstwhile enthusiast Clyde Barrow — cars started to get legitimately fast, with plenty of potential to get even faster. Hot rodders swapped bigger engines into smaller cars, removed body panels to reduce weight and met up to see whose creation was the meanest. Two distinctly American forms of motor-sport, drag racing and stock car racing, were quickly becoming codified.

Stock car racing in particular took a pretty stratospheric trajectory, and has now become a multi-billion dollar industry as divorced from the grass-roots movements of illegal liquor and hot-rodding as it is from a spelling bee. Modern stock cars as we tend to think of

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ON THE COVER

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them, the NASCAR Sprint Cup machines we see racing on television, are designed and built by top-tier engineers in secret facilities, the product of many years and millions of dollars of research and development. In the early, post-war days, though, formalized racing was still in its infancy. Driven by a collection of talented shade-tree mechanics, it found a home on small, loosely organized tracks all over small town America. It was still defined by ingenuity, the go-fast impulse and rough and tumble outlaw culture; a pretty good fit for Humboldt County.

Redwood Acres was established just as a need to unify the rules of its sort of racing was becoming clear. A year later, in 1948, NASCAR formalized those rules and centralized the heretofore fractious national stock car culture. Thus began the tidal shift toward the national circuit, the television contracts, the stadium-capacity crowds and gigantic paydays for drivers and team owners. But at out-of-the-way ovals like the Acres, the original spirit — the raggedy, DIY family aspect of the sport — still runs strong. The original dirt surface gave way to hard-packed sand, then to slippery clay in the early 1980s. By the end of that decade, the track had become what it remains today: a paved, mildly banked, slightly D-shaped 3/8 mile oval.

A given race weekend will usually find five classes running. Roadrunners are essentially unmodified, low-horsepower salvage yard refugees, reinforced for safety and pressed into service for as long as they'll hold out. Mini stocks include slightly more powerful cars and light trucks with fewer restrictions on modification. Bombers are larger, American-manufactured passenger cars with higher displacement engines and an even higher degree of modification allowed. Thunder roadsters are proprietary, purpose-built open-wheeled race cars powered by air-cooled four-cylinder Yamaha motorcycle engines and transmissions. This class is unique: a nationally sanctioned "spec" class wherein every car is essentially identical, save finer points of suspension and steering adjustment. These are often purchased as kits or as complete "turn-key" race cars. Late model and sportsman race cars hew closest to the contemporary NASCAR model. They look vaguely like a large American production coupe, but boast chasis of tubular construction, strict engine guidelines based on minimum weight requirements and none of the comforts of home. These are the fastest, most powerful race cars campaigning at the Acres.

As with any form of motorsport,

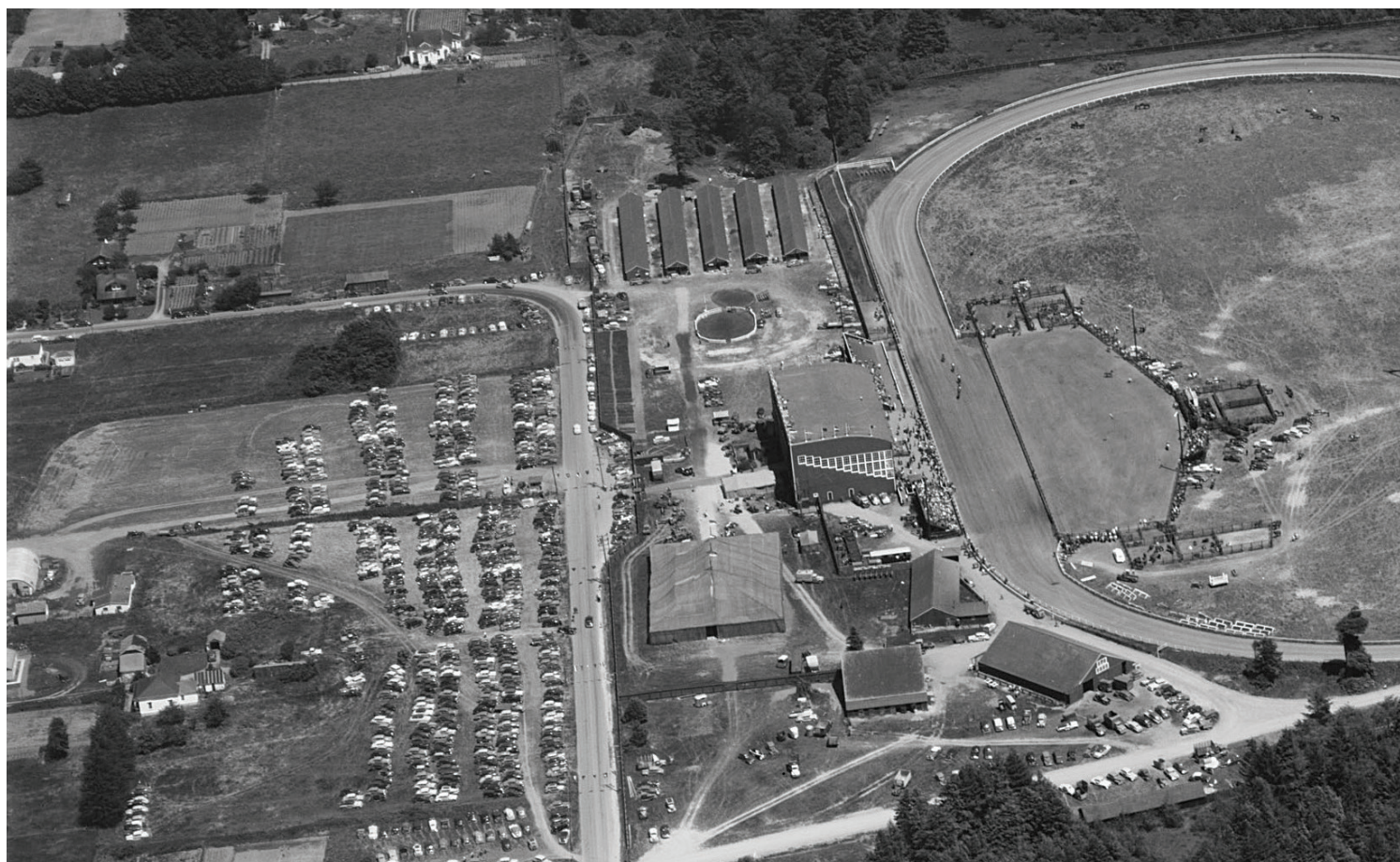
there is a direct, almost exponential correlational between speed desired and attendant cost. A roadrunner can be thrown together and raced for a season for a couple of thousand dollars; the buy-in alone for a thunder roadster or a late model approaches \$20,000, not including ongoing expenses like tires, fuel and repairs. There are a number of factors that determine what class a racer competes in, but expendable income is the primary one. Some drivers are certainly content to campaign a low-cost, low-stakes roadrunner just for the hell of it. Once they've gotten a taste, though, most of them go looking for more speed. As drivers accrue

more experience, more skill and more sponsorships, they will likely move up the ladder into faster, more expensive classes. (While local drivers seek business sponsorships — and occasionally get them from friends and fans of the sport — they mostly finance their efforts out of pocket, racing until they run out of money.)

Back in the pits on Saturday afternoon, practice is underway. In Roadrunner No. 7, there's Jett Taylor, who, at 16, is the youngest driver on the track. He has Acres racing in his blood, his father and grandfather having put in seat time on the oval. In Thunder Roadster No. 15,

there's Paul Peebles Jr., a one-time national champion in the South West Series. Over in Roadrunner No. 7 sits broad-smiling newbie R.C. Brown, a would-be entrepreneur with some big ideas about selling drinking water to China. (With snow machines, artificial mountains and a system of turbines, "I could solve the problems with the U.S. economy if Obama would listen to me," he says.)

Then there's husband and wife competitors Mike and Belinda Ward, Thunder Roadsters Nos. 13 and 95, respectively. Mike, who in the past has auto-crossed, hill-climbed and road-raced, operates a fabrication and repair shop when he's not



ABOVE: SINCE REDWOOD ACRES FAIRGROUNDS' TRACK WAS BUILT OF DIRT IN 1947, IT'S BEEN REBUILT WITH HARD-PACKED SAND, THEN SLIPPERY CLAY AND FINALLY, IN THE LATE 1980S, THE PAVEMENT THAT REMAINS TODAY.

PHOTO COURTESY OF THE SIMON SHUSTER COLLECTION AT THE HUMBOLDT STATE UNIVERSITY LIBRARY

LEFT: CREWS UNLOAD THEIR CARS IN PREPARATION FOR RACE DAY AT THE ACRES.

PHOTO BY JOHN BENNETT

RIGHT: THE ACRES' GRAND STANDS FILL UP AS THE COMPETITION HEATS UP ON THE TRACK.

PHOTO BY JOHN BENNETT





going wheel-to-wheel with his spouse. Belinda, the sole female driver on the track today, has been coming to the Acres since she was 5 years old and if she takes any shit on the track for her gender, it isn't apparent. The pits, in particular, are characterized by tacit egalitarianism. It probably helps that Belinda's proven herself more than equal to most of her competitors; she's earned her status as a respected elder. "We're family," Belinda says of the racing community. "We trust each other with our lives."

With practice laps humming nearby, apocryphal tales of on-track decapitation by errant flywheel and raceway politics

mingle with the smoke from a dozen charcoal grills and several hundred cigarettes. At this point, there is far more bench racing than driving going on.

On track, things progress fairly smoothly. This is mostly an opportunity for the drivers, whose levels of experience range from nil to decades of seat-time, to get a feel for the race-cars and the subtleties of the deceptively simple-looking track. What to the untrained eye looks like a lazily lopsided oval is actually a sequence of four turns, a short front and longer back straight, each section requir-

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ON THE COVER

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A GIVEN RACE DAY AT THE ACRES USUALLY SEES FIVE CLASSES RUNNING: ROADRUNNERS, MINI STOCKS, BOMBERS, THUNDER ROADSTERS AND SPORTSMAN CARS. A RACER'S CLASS IS USUALLY DEFINED BY THEIR DISPOSABLE RESOURCES, AS SPEED AND COST GENERALLY INCREASE IN A TANDEM.
PHOTO BY JOHN BENNETT



ing a different strategy regarding entry and exit speeds and car placement. To complicate matters, come race time there will be a number of other cars and fervent drivers jostling for first position. That enthusiasm becomes obvious as the practice session wears on, culminating when one of the late model drivers pushes it a little too hard and crashes out on the second to last lap. "That kid's an idiot," somebody says.

Before and during practice, there is an air of familial conviviality to the pits. Drivers and their crews discuss strategy, sort out their cars, lend and get help from other teams. This is a small, close community of like-minded people, and the feeling is almost palpable. As the sun starts to set and the green flag approaches, though, the loose affability of the affair starts to tighten up. As much as this is all about having fun, it is nothing if not a competition. And despite what they might say, every single driver out here wants to win.

Qualifying — a series of practice races that dictate racers' starting positions — begins just as the grandstands open. Attendance is sparse at first, but builds steadily as the action continues. It's a distinctly Humboldt County crowd: Real Tree and Mossy Oak and Georgia Romeos are *de rigueur*. The concession stands do a brisk trade in Miller High Life and corn dogs. An armed security guard makes circuits of the crowd, looking awfully eager. The qualifying rounds continue uneventfully, giving way eventually to heat races: Abbreviated precursors to the main event for each class.

The roadrunners put on a good show that climaxes with a yogurt purple Dodge Neon, trailing throughout, grenading its transaxle in front of the grandstand. This provokes a boisterous reaction as the flat, warm, acrid smell of gear oil climbs over the crowd; cleaning up the track will take a few minutes. With the Neon's spilled blood sopped up, it's right back into the action.

The bombers provide more thrills and spills between spins into the infield and incidental contact — what the announcer refers to as "short track football." The mini stocks stay bunched up throughout, with the exception a valiant little Kermann Ghia following about a half-lap back. The two leaders push each other hard enough that a spin on the last lap makes the difference, giving Robbie Nelson the win. The thunder roadsters put on a more technical display, with the lead qualifier (Peeples) slicing surgically through the pack but not quite able to get past the car in second position. (At the Acres, the fastest qualifying car starts from the back, rather from the conventional pole position at the front, a switch the track made a couple of years back to make the "hot shoes," or fast qualifiers, fight their way through traffic toward the checkered flag.)

The late models are all over the shop, the dramatic increase in horsepower quickly separating the experienced from the merely excited. There's contact right out of the gate, complete with severe body damage, a spin and, finally, a car pushed off track by a tow truck. The leader tends to stretch out a lead on the straights, but the corners bunch them all up again until somebody makes a mistake, like the car that blew up one of the water-filled barricades at Turn 2, which left the

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SPECTATORS GET AN UP-CLOSE VIEW OF THE ACTION AT THE ACRES, STANDING CLOSE ENOUGH TO SMELL THE EXHAUST.
PHOTO BY JOHN BENNETT

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ON THE COVER

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track too wet for the race to continue. In the distance, somebody is saying "You can't drink all day and race a car in the morning!"

Once the track is finally dry, the main events get going, featuring 30 to 35 laps of racing that will span about 20 minutes if there are no crashes and caution flags. But there are always crashes and cautions.

The roadrunner class is again closely contested, punctuated by a *hard* backward shunt into the wall on the back straight. It's full dark now, but the track is operatory bright, the air heavy with grit and smoke. The mini stock main is a two-horse race, marked by a flat tire and a dramatic spin into the infield that sends up a punishing dust cloud. As the bombers take the track, the sad, proud little Ghia prompts someone to ask, "Is that a generator runnin' or is that a race car?" Sadly, it may be more the former than the latter, and it won't make it beyond the first lap.

The thunder roadsters come out screaming, in a demonstration of what makes spec racing so popular. The cars are all glued to the same line, and the race becomes a war of attrition, the leaders gradually exploiting the minute, aggregate mistakes of the slower drivers. Once the order is sorted, someone will have to make a mistake to change it; there simply isn't enough horsepower for dramatic passes. As the race wears on, it is down to two contenders, with the second place car almost pushing the leader through the corners. The two car is trying so hard he gets sideways and eventually spins, first place having given up absolutely nothing. An unrelated crew chief deadpans, "He was beatin' on the bumper of that little fag."

Of all the day's proceedings, the late

model main event is attended by the most glorious noise, a field of bellowing V-8s in full-throated harmony. It becomes clear in the early going that the lead qualifier will win this race handily, unless somebody else crashes him out of it. And that is a real possibility, with some of the more eager, less practiced drivers treating it like a cage match. There are spins, engine fires, contact and caution flags all over the place until the field is reduced from seven cars to four, then back to five after some frantic track-side panel beating. Despite the stops and starts, the leader handily stretches his lead out to nine seconds or so, about half a lap between him and the rest of the field.

It gets very quiet, very quickly when it's all over. That familial feeling is still there, but it has receded a little, obscured by all the smoke and bruised egos. Cold and dark, bathed in that yellow sodium light, the hushed pit lanes are occasionally punctuated by curses, laughter, somebody throwing a helmet at the back wall of a trailer. A number of celebratory beers are already open; a few drivers seem inconsolable. It is the nature of the thing: somebody has to lose and nobody wants to be *it*. But the passion that makes the non-winners so pissed off will have them back here in a month, battered rides restored, doing it all again for no money and very little recognition. It's noisy and it's not politically correct and it's wanton in its consumption. It can get nasty and dirty and mean. It engenders community and trust and long friendships. And it will repeat *ad infinitum* in rural America all summer: Regular people strapping into whatever car they can afford and racing on pavement and dirt. ●

John Bennett is a freelance journalist living in Eureka, and a regular Journal contributor.



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THE VIEW FROM THE TOP OF EAGLE POINT SPUR. PHOTO BY SUSAN PENN

A short hike in Ferndale's Russ Park with a walking group aroused my curiosity about the paths we didn't take, so I returned to explore. At the parking area along Bluff Street, less than a mile from town, an unseen congregation of birds sings in the trees and the trail immediately welcomes the hiker into a cool, dark canopy of Sitka spruce and fir as it heads up the ridge. Jumbles of fallen logs draped in wispy green moss glow in the scattered patches of sunlight. On the ground, twigs are covered in a wild array of gray, purple, white and green lichens.

At the first fork in the trail, just minutes from the parking area, a large colorful map provides trail names, altitude changes and walking distances. The first stretch, up the Lytel Ridge Trail, leads to Zipporah's Pond. Heavy wooden benches grace the trail occasionally, providing places to rest, to wait for dawdling companions, to hear and see things at a slower pace. Bright pink petals on the ground near one bench made me look up and I found salmon berry vines arching high above the trail.

Though smaller than I had imagined, Zipporah's Pond is beguiling. The surface is covered in a bright green mat of tiny water plants and dark green skunk cabbage leaves stand tall in the middle. The man-made pond is named for Zipporah Patrick Russ, a Ferndale pioneer who donated this 100-plus acre property to the city of Ferndale in 1920 as a park and a refuge and breeding place for birds. It now has more than three miles of interweaving trails.

Four paths spider out from the pond. At each trail juncture a small, handsomely engraved map positions you, allowing carefree wandering. But I discovered that the loop path we had taken previously, listed as the Ferndale View Trail on the colored map at the foot of the trail, was named Eucalyptus Trail on the engraved map. Several trails had different names on different maps, but the "You are Here" stars keep you on track.

To explore beyond Zipporah's Pond, I chose a 1-mile loop with a short side trip along Eagle Point Spur to Bunker Hill View Point. The trail rose steadily, growing drier, and ferns were replaced by huckleberry bushes. Entranced by a swath of dainty white flowers growing beside the trail, I was caught unaware by the heat and light when I stepped suddenly from the cool north slope forest onto the south facing viewpoint. It smelled like summer. Turkey vultures circled high overhead and several hawks were cruising the meadows at the bottom of the valley, but I saw no eagles. Hearing the low roar of wind blowing through the tops of the trees behind me, I realized that I could no longer hear the distant riding mower, the din of which had dogged me up the trail.

Returning down Eagle Point Spur, I turned left at Francis Creek Loop Trail. This trail traversed the south side of the ridge and the more open forest allowed the breeze to penetrate. Saw marks on freshly cut logs and piles of golden sawdust along the trail told of recently fallen trees — and conscientious trail maintenance. I reveled in the breeze in the tree tops, an occasional squirrel chattering

and the scratching of birds in the brush, which were the only sounds, though so close to town.

Fetid adder's tongue caught my eye with its big, heavily veined leaves and blotchy maroon spots. In early April they'd be in bloom, with delicate purple and yellow striped flowers, and there was trillium nearby, too.

At the juncture with Eugene Street Trail, the loop I was following becomes Daddy Bush Trail. I wondered where that name originated as I walked the switchbacks up to Zipporah's Pond. Choices again — the expansive view out over Ferndale to the Pacific Ocean along the Ferndale View Trail would be worth enjoying again, but since our group walk took that route, I opted for the Village Trail to return to my car.

This section wends its way through dense forest for a while before descending into a series of sunny, open areas filled with berry bushes: Salal, blackberry, thimble berry and salmon berry tumbled over one another. One stretch of the trail was composed of long, gentle, rocky steps that made me wonder if this was an old stream bed.

There are several entrances to the park, and three of them have spurs along this section. I had met only two other people on the far side of the ridge, but here, closer to town, I encountered several local residents and their happy dogs. I continued along the Bluff Street Trail, which dipped and curved its way back to the parking area. Though the riding mower was again audible nearby, the sense of refuge prevailed. ●



FIRED UP AT THE ELK'S LODGE. JENNIFER FUMIKO CAHILL

Hum Plate Roundup

Finding the grill of your dreams

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Steak Your Claim

Nothing hurts like taking that deep breath to splurge on a steak only to end up gnawing a flavorless knot of overcooked muscle, wondering if it's worth making dinner all weird by sending it back or if you should keep chewing and just imagine a wonderful cut of meat from the past. Do you have to go back and cook that steak yourself to get it exactly the way you want it? It's not a terrible idea. And if you are a member of the Elk's Lodge (445 Herrick Ave., Eureka), that esteemed hall of animal taxidermy, deep leather seats and dangerously cheap cocktails — or know someone who is — you can do just that. On a Friday steak night,

anywhere from 175 to 300 members and their guests lay down \$18 each and line up for a two-fingers-thick, marbled New York steak with a luxurious rind of fat and grill it up themselves on a big ol' open grate outside. Let's see the Masons top that.

Off to the side are friendly women handing out hot rolls and scooping soft, buttery cafeteria-style vegetables and steak fries. The salad bar is likewise old school, with canisters of canned olives, shredded cheese, croutons and diner dressings. But these, like the long table covered in a battalion of lemon cake squares, are distractions.

Once you've stood in line and the gentleman up front has placed your chosen steak on a plate with tongs, you make

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your way out to the little table of seasoning shakers and back to the flaming grate, where people are either chatting away with long grilling forks in hand or staring with sniper-like focus into the fire, poised to flip their meat at the right second. Go ahead, put a dollop of the supplied butter on top of your browned prize when it's done and watch others follow suit. Because by the time you are seated at your reserved table under the watchful eye of an enormous stag head, the butter will have melted into the crevices of the meat, mingling with the juices on your plate as you cut into a charred and juicy steak to reveal the bruisey red or blush pink you dream of — just the way you want it.

Boathouse Barbecue

Barbecue has gotten a little esoteric. At once secretive and boastful, the macho hype surrounding the grill can make you long for the simple sweetness of pork cooked low and slow without all the fuss. This is a good time to swing into King Salmon for hole-in-the-wall Polynesian barbecue at Sammy's BBQ & Catering (1125 King Salmon Ave.). Two meats and two sides will run you \$12.

The pork ribs are succulent after three to four hours of cooking, still clinging to the bone but tender and without too much char. Asked about his rub, Sammy Mauluga himself shrugs — just salt, pepper and garlic. Fair enough. The sauce on the table is Ray's, but everyone seems

to prefer the sweet chili in the squeeze bottle. Taste the Kalua pulled pork before you touch the sauce — 14 hours on the rotisserie brings out the meat's deep flavors, like the pork roast pan drippings you sneak in the kitchen. (Oh, we see you.) The teriyaki chicken is also the real deal: juicy, nicely charred and well marinated.

Sides are similarly classic. The macaroni salad is the comforting mayo, onion, salt and pepper with paprika on top recipe that you remember from childhood picnics and that nobody will freaking make for you anymore. Ditto the soft, nearly mashed potato salad. Choose one of these and opt for the pineapple slaw for your second side; the chunks of fruit, Napa cabbage and cilantro are a refreshing balance to the meat.

Get a table out back on the "boatyard seating" deck if it's sunny and enjoy a view of weathered boats in the inlet. No wonder the Mauluga family (yes, that Mauluga family) eats out there almost every week when the place closes for Sunday dinner. ●

We've been nibbling away at a forthcoming investigative piece on the county's best chile relleno (go to www.northcoastjournal.com to see how the bracket-style competition is going, or follow [#humboldtsbestchilerelleno](https://twitter.com/humboldtsbestchilerelleno)). And as always, share your hot tips on great meals around Humboldt by emailing jennifer@northcoastjournal.com.

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HUMBOLDT ARTS COUNCIL at the Morris Graves Museum of Art 636 F St. Performance Rotunda: Music by DJ D. William Thonson Gallery: "Metaphysical Abstraction: Contemporary Approaches to Spiritual Content," Jamie Brunson, Michelle Mansour, Pegan Brooke, Freddy Chandra, David Ivan Clark, David King, Keira Kotler, Tracy Rocca, Jenn Shifflet and Alex Zecca. Knight Gallery: "Empire Squared Strikes Back," local art collective. Anderson Gallery: "Sea Change," Barbara Milman, prints and books. Youth Gallery: "Humboldt's Community Canvas!" created by visitors at the MGMA. Homer Balabanis Gallery & Humboldt Artist Gallery: Patricia Sundgren Smith.

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Humboldt Photography Exhibition. Awards presentation 5:30 p.m.

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"Eureka Urban Landscapes," Pat Kanzler, paintings.

F STREET FOTO GALLERY at Swanlund's Camera 527 F St. "Created Images - Five Views," Hal Work, Bosha Stuve, Donna Rosebaugh, Diane Williams and Pam Cone, digital art.

THE LOCAL 517 F St. Kirk Shelton, artwork.

REDWOOD MUSIC MART 511 F St.
Music by Soulful Sidekicks.

EUREKA STUDIO ARTS 526 Fifth St.
Amy Stewart, oil paintings.

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ings.

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SUNROOM STUDIO - HUMBOLDT HONEY WINE 130 West Fourth St. Paul and Heidi Leslie, pottery. Refreshments by Tamu Tamu Kitchen.

CHERI BLACKERBY GALLERY and THE STUDIO 272 C St. "Flora and Fauna," Donna Albers, Ardi Areson, Christine Bietz, Sean Cannady, Sara Dory, Gaylord Divine, Helen Elliott, Deanna Huse, Chris Johnson, Radchael Leel, Dale Lowtrip, Nichole McKinney, Chelise Mendoza, Tawny Morgan, Stephanie Powell, Pablo Rahner, Geraldine Sadler, Iris Smith, Dawn Wentworth and more.

C STREET STUDIOS & HALL GALLERY 208 C St.
Lisa Salyles, John King, Regina Case, RK Schluter and studio artists.

SWEET SEA STUDIO 129 Second St.
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continued on next page ►

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"Chinese Brush Painting," Libby Yee, watercolor and ground ink.

CHAPALA CAFE 201 Second St.

Kylan Luken, photography.

GOOD RELATIONS 223 Second St. "Eudaimonia,"

Nicole Halverson, acrylic paintings.

HUMBOLDT HERBALS 300 Second St. "Ayahuasca Visions," Bethany Staffieri, mixed media. Music by Matt Brody.

BRENDA TUXFORD GALLERY 325 Second St. "The

Dance Scene Photography Exhibition," Natasha Mariani, Jaimal Kordes, Taylor Perris and Allen Cassidy, photography. Live artists.

HERE & THERE 339 Second St. Local artists. Music by Recorder Quartet.

CLARKE HISTORICAL MUSEUM 240 E St.

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BELLA BASKETS 311 E St. TBD.

STUDIO 424 424 Third St. Ryan Spaulding, paint-

ings; Natalie Williams, Cooper Goldman, and Harry Levenstein, ceramicists.

SHIPWRECK 430 Third St. "In My Kitchen," Malina

Syvoravong, paintings and prints.

CAFÉ NOONER 409 Opera Alley.

Sarah Gross, acrylic paintings. Music by John Myers and Jim Silva.

RAMONE'S 209 E St. Karen Merry, watercolors and pen and ink. Music by Tony Roach.

BOOKLEGER 402 Second St. "Chasing the Moon," author Carla Baku, book signing.

TRUCHAS GALLERY/LOS BAGELS 403 Second St.

"Art in Bloom," Denise Dodd, acrylics.

OLD TOWN ART GALLERY 417 Second St. Mary Anderson, landscape watercolors.

HUMBOLDT CHOCOLATE 425 Snug Alley.

Rob Hampson, artwork.

HSU FIRST STREET GALLERY 422 First St. "Young

Alumni 2015," HSU Art Department graduates.

BAYFRONT RESTAURANT 1 F St. Plaza.

Richard Duning, paintings.

LIVING THE DREAM ICE CREAM 1 F St. Plaza.

Jackson Salor-Ward, drawings.

EUREKA FABRICS 412 Second St.

April Sproule, fiber artist.

THE LITTLE SHOP OF HERS 416 Second St.

Caitlin Fowler, drawings; hats on display from the National Colossal Coachman hat decorating contest.

SEAMOOR'S 418 Second St. Grand opening.

EUREKA BOOKS 426 Second St. "Scotia and Rio Dell: Images of America," author James R. Garrison, book signing.

MANY HANDS GALLERY 438 Second St.

"Visionary," Christina Anastasia, paintings.

ALIROSE 229 F St. Susan Strope, floral paintings.

THE WINE SPOT 234 F St. Paul Rickard, landscapes.

HUMBOLDT BAY COFFEE 526 Opera Alley.

Gus Clark, artwork. Music by Kenny Ray and the Mighty Rovers.

OLD TOWN COFFEE and CHOCOLATES 211 F St.

Beth Gin, acrylics, and Darren Borges, drawings. Music by Jenni & David and the Sweet Soul Band.

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PIANTE 620 Second St. "Looking Back Going Forward," Harry Blumenthal.

622 GALLERY 622 Second St. Owens Secor, acrylics.

SMUG'S PIZZA 626 Second St.

Brandon Garland, pen and ink.

LOTUS STUDIO 630 Second St. "Women of the

World," Maureen Fitzgerald, photography.

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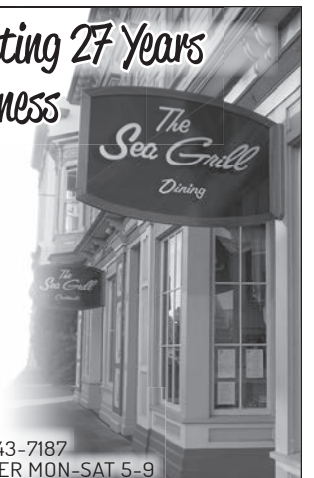
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LEFT: "BORED OF EDUCATION" BY RENÉE CALWAY.
RIGHT: "IMPASSE" BY LANCE BOROWITZ.
PHOTO BY GABRIELLE GOPINATH

Fountain of Youth

*Young Alumni 2015 at
HSU's First Street Gallery*

By Gabrielle Gopinath

artbeat@northcoastjournal.com

Young Alumni 2015 features works by 40 recent graduates from the Humboldt State University Art Department. While subject matter and execution can be bewilderingly diverse in a big group show like this, unifying themes surface once you spend time with the work. The show is essentially a core sample of young creativity — and as such, it offers an intriguing glimpse of what's in young artists' minds.

At the gallery entrance, Renée Calway's thought-provoking yet accessible "Bored of Education" invites viewers to comment on the distorted U.S. market for higher education by annotating a large-scale map of the United States with chalk.

To the right, "Impasse," a monumental mixed media painting by Lance Borowitz revisits the 1980s in search of a modern-day Everyman. Start at the bottom and let your eyes drift up: you'll see two stubby, mud-colored bodies, each of which sprouts a pair of shiny,

violently colored heads made out of fragments of broken ceramics and plastic packaging. The grotesque head cluster way overshoots the boundaries of the original canvas, pushing at the margins of gallery space, while their dowdy bodies dwindle into irrelevance. We're looking at a bloated set of heads crammed with nothing but slick pictures and the detritus of recent purchases, a networked headspace in thrall to consumerism.

There are shout-outs to Georg Baselitz and Julian Schnabel, two major figures of the bombastic neo-expressionism that dominated sectors of the New York art world during the 1980s. But there's a critical twist. At the close of the Me Decade, neo-expressionism resurrected the figure as a vehicle for ego; in contrast, Borowitz paints the figure in order to issue a savage, unironic report on the contemporary human condition.

Several of the strongest artists here use formally oriented processes that mirror or echo natural forces. Joseph Gustavson's brooding photographs show rocky

coastlines wreathed in fog, battered by waves and almost lost to view. Alexandra Zotter shows small colonies of identical, organically shaped ceramic units executed in soft, matte colors that make them look oddly edible, like marzipan models of viruses. Lora Martin's suspended cylinder of white twine looks futuristic, yet homespun; think of it as a low-tech *Star Trek* teleporter, refashioned by the Amish for a post-apocalyptic desert cult. Brendan Bennett's interlocking ceramic units are similarly foreboding: They conjure a harsh, posthuman environment dominated by the primal forces of earth and fire.

Many artworks here offer visions of not fitting the confines of gender categories — or of growing up female in what can still be a deeply misogynistic culture. Artists have been making work that grapples with these subjects since the 1970s, but the themes continue to resonate — which suggests the degree to which true gender equality has yet to be achieved, and the degree to which hurtful objectification still plays a major role in girls' experiences.

Sharon Ruchte's fun, primitively styled painting "Guilty Pleasure" gives us a first-person POV of a whole CVS-load of cosmetics, lotions, hair and body products tumbled across a Barbie-pink bathroom countertop. It's like a painting Kim Kardashian might have made, if she had been raised by wolves.

Marval Rechsteiner's shiny, brightly colored, rough-hewn ceramic sculptures appear to be morphing in and out of various states of constraint. They are gnarly, knobby forms, vaguely torso-shaped, like exoskeletons. They contain voids and yet we can't see what is cached there. The artist's statement relates these objects to the autobiographical experience of transitioning from female to male. The fact that many of the ceramic units appear to be cast from egg cartons is surely relevant.

To balance this exuberance, Nadia Bueno-Torres gives us a sad painting on mylar and acetate titled "This Culture Has Gone Completely Mad." Here, a nude woman hugs her knees in despondency, face hidden, watercolor pigments streaming like bodily fluids from her soft form.

Alexandra Felt's pastels of female

nudes flip the bird at mainstream media representations by showing menstruating women in sexy poses. The pictures breach taboo to call out the glaring disconnect in the way mass media treats women's bodies. Media images of female bodies are sexualized — Photoshopped, glossed, abstracted and sanitized — and dehumanized even as women's real, fleshly bodies are depicted as gross problem zones requiring increasingly involved, expensive regimes of discipline and maintenance.

The other emerging theme here is the importance of photography. There's a wide variety of good photography in this show. There are 35 mm street photographs in the tradition of giants like Robert Frank, Gary Winogrand and Henri Cartier-Bresson, artfully structured visual narratives and allegories of self-exploration.

Julie Lovich shows a modestly sized photo diptych titled "Sublunary," composed of two grainy, horizontally ordered black-and-white images related in suggestive but unclear ways. Above, a young woman appears to be crawling towards a pile of rubble; below, detritus flickers in and out of focus. These are images that — to their credit — contain more information than can be described here.

Ryan Filgas is a gifted storyteller. His theatrical color images, set outdoors, offer just enough narrative clues to get the brain busily spinning potential interpretations. Each picture could generate micro-fiction: Why is this flannel-clad duo disappearing so hastily into the woods in the middle of the night? Why is that woman standing in the soggy landscape of the bottoms at dawn with a shovel?

Edith Sullivan photographs a "Dead Cat" that lies supine in tall grass, eyes open, tabby fur already beginning to mat. Some unseen hand has balanced a roadside sprig of radish bloom between the cat's paws, to mark the loss. That detail cut through my *sangfroid*. Who hasn't encountered a small death that made us feel the cold prickle of our own mortality? And who'd have the audacity to own that sensation and picture the tableau?

Stop by this exhibit before it closes on Sunday, Sept. 6. There will be a closing reception on Sept. 5 from 6 to 9 p.m. during Arts Alive. ●



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Trapped in Taffeta

Bridesmaid cast shoulders a cliché-heavy play

By Linda Stansberry

frontrow@northcoastjournal.com

Few plays boast six well-rounded roles for female actors. Fewer still could wrest the largest laughs of the night out of a well-heeled wedding planner waving an axe. *Always a Bridesmaid*, by Jessie Jones, Nicholas Hope and Jamie Wooten, playing at the North Coast Repertory Theatre, manages to deliver on both counts. Unfortunately, despite the best efforts of its veteran players and (on the night we attended) a generous, easily tickled audience, there's little to be done with such a clunker of a script.

The story, which takes place over the course of a decade, centers on the vow four middle-aged women made as teenagers to walk one another down the aisle. Despite the vagaries of infidelity, illness, indecision and an exacting venue proprietress/wedding planner (Toodie Boll), they manage to uphold their word. It's four weddings in four acts before the inevitable (spoiler alert) speech about how friendship is forever.

The sitcom-worthy one-liners interspersed with saccharine clichés make sense upon learning playwright Jaimie Wooten wrote for and produced *The*

Golden Girls. Anyone who has watched a romantic comedy about women of a certain age getting their groove back will pick up the familiar beats. There's the nice one, the tomboy, the man-crazy glamourpuss and the career woman. Women worry about being too fat. Men fix cars. Bridesmaid dresses are ugly. Brides are crazy. Women want to go ballroom dancing. Men want to go to monster truck rallies. And — in case you've forgotten — men may come and go, but friendship is forever.

Despite the limitations of the material and an uneven proficiency with Southern accents, the cast provides bright spots. Sarah Traywick, playing a young bride who gets progressively drunker as she sets the scene for each act, delivers lines with a delightful, tipsy warble, drawing the audience into a friendly confidence. Queena Isadora DeLany shines as Monette Gentrey, a self-absorbed diva on her third marriage, preening and prancing and somehow not falling off her ridiculous heels until it's narratively convenient. Speaking of heels, costume designer Jenneveve Hood nails it. Of course the modest, matronly Libby Ruth Ames (Glo-

ria Montgomery) would pick a bridesmaid dress that looks straight out of *Little House on the Prairie*. A French-themed wedding inspires a can-can outfit, a French maid's uniform and a be-wigged Marie Antoinette. If the all-business Deedra Wingate (Jacqui Cain) weren't forced to mention her career as a judge every two seconds, her no-nonsense slacks and shirt could tell her story just fine. The scene evoking Ugly Bridesmaid Dress Revenge was a total delight. Anyone who has spent her utilities money on a ghastly confection of sequins and flounce that she'll only wear once can hoot at the idea of asking her friend to wear the same dress at her own wedding.

Just after hiking up her formal skirt to reveal plaid golf shorts, tomboyish Charlie Collins (Tracie Dorgan) gives a rousing speech about not needing to marry to be happy, saying she plans to die alone at the age of 100 in a Tahitian beach house, making her boyfriend "so sad he'll have to drop out of college." Any goodwill the speech may have inspired is squelched with a group hug and a reminder — making sure you got this — that friendship is forever. Save a radically re-worked and de-clined script, the other Hail Mary for this play would be more energy like Toodie Boll's. Playing the afore-mentioned axe-brandishing wedding planner Sedalia Elliott, Boll hams it up but good, elevating cheese to camp and making good use of broad physical comedy. As with previous performances, Boll wrings the juice out of every line, maintaining character and presence even when she's not in the limelight. If the other performers have the courage not to wobble toward sincerity and, instead, to embrace the more cartoonish aspects of their roles, the audience might be more inclined to put a ring on it.

Upcoming:

Mary Poppins opens at the **Van Duzer Theatre** on **July 31**. Humboldt Light Opera Company pops its umbrella and takes on the supercalifragilisticexpialidocious musical classic **through Aug. 16** with showings Thursdays through Saturdays at 7:30 p.m. and Sunday matinees at 2 p.m. Call 630-5013 or visit www.hloc.org.

The Ink People's *Twelfth Night (or What You Will)* hit the boards with the Bard in Redwood Park **Aug. 7 through Sept. 5**. Hang on for twins, love triangles, cross-dressing and accidental matrimony. Performances are Fridays and Saturdays at 7 p.m. Call 822-7091 for information.

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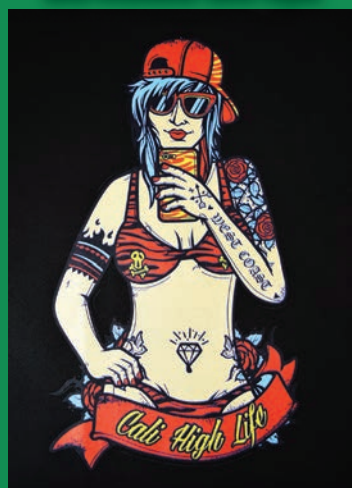


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EUREKA + SOUTH ON NEXT PAGE ►

venue	thur 7/30	fri 7/31	sat 8/1	sun 8/2	m-t-w 8/3-5
ARCATA THEATRE LOUNGE 1036 G St., 822-1220		<i>Rush Hour</i> (film) 8pm \$5		<i>Pete's Dragon</i> (film) 6pm \$5, All Ages	[W] Sci-Fi Night ft. <i>Attack Of The Monsters</i> 7:30pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free	Deathcat TBA		Jazz Night 7pm Free	[M] Quiz Night 7pm Free [T] Dark Seas 7pm TBA [W] Science on Tap 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	The GetDown (funk) 9pm Free	Safety Orange (rock) 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2015 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free	Anniversary Party w/The Undercovers, Blue English, Coffin Moth, Buckshot Possum, Pachucos in Space and Rock Star Karaoke 3pm-close Free		
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Tripwire (rock n' tonk) 9pm Free	Vintage Soul (R&B, dance) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
FIELDBROOK FAMILY MARKET 4636 Fieldbrook Road, Fieldbrook 839-0521		Friday Night Music w/Aaron English (singer/songwriter) 7:30pm Free	Acoustic Night Saturdays 6pm Free		
HUMBOLDT BREWS 826-2739 856 10th St., Arcata			Miracle Show (Grateful Dead tribute) 9:30pm \$8		[M] Comedy w/Dan St. Germain 9pm \$10
HUMBOLDT MACHINE WORKS 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 9pm Free				[W] Salsa! (lessons, dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928		Van Duzer: <i>Mary Poppins</i> (theater) 7:30pm \$13-\$19	Van Duzer: <i>Mary Poppins</i> (theater) 7:30pm \$13-\$19	Van Duzer: <i>Mary Poppins</i> (theater) 2pm \$13-\$19	
JAMBALAYA 822-4766 915 H St., Arcata	Chicago Fare Thee Well Marathon Replay Noon TBA	Insects Vs Robots w/Cold Blue Water 10pm TBA	Jerry Garcia Birthday Bash 9pm Free	DGS Sundaze (EDM DJs) 9pm \$5	[M] The GetDown (funk) 9pm TBA [T] Savage Henry Comedy 8pm \$5 [W] The Whomp (DJs) 9pm \$5
LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free		Dogbone (feral jazz) 6pm Free	[W] Aber Miller (jazz) 6pm Free



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LIBATION 825-7596 761 Eighth St., Arcata	Claire Bent (jazz) 7pm Free	Susie Laraine and Friends (jazz) 7pm Free	No Covers (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Kelly Busse (jazz vocal) 7pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake		Missing Link Record DJs 9pm Free	Jerry Garcia B'Day Party 9pm Free	Potluck (food) 6pm Free	[M] CLOSED [T] Open Irish Music Session 8pm Free
MAD RIVER BREWING CO. 668-5680 101 Taylor Way, Blue Lake	Fred & Jr. (swing jazz) 6pm Free	Redwood Ramblers (classic country covers) 6pm Free	Honky Tonk Detours (rock n' tonk) 6pm Free	Motorcycle Swap Meet Noon-3pm Free	[T] The Living Rooms (Americana) 6pm Free [W] Pints for Non-Profits: Companion Animal Foundation. All Day
NORTHTOWN COFFEE 633-6187 1603 G St., Arcata	Trivia Night 7pm Free	Open Mic w/Jeremy Bursich 7pm Free			
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
PERIGOT PARK 312 South Railroad Ave., Blue Lake			Buddy Brown Blues Festival w/ Buddy Reed and Th' Rip It Ups, Uptown Kings, the Jim Lahman Band, et al. 11 am \$10, \$8 advance		
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Piet Dalmolen (jazz, blues) 8pm Free				[M] Bingo Night 7pm TBA
RICHARDS' GOAT TAVERN 630-5000 4011 St., Arcata	Appendixes w/Float Forward and Venus Milk (dream-pop) 10pm \$5	Miniplex: <i>Citizenfour</i> (film) 4:15pm, 6:45pm \$6.50	Miniplex: <i>Citizenfour</i> (film) 3:30pm, 6pm \$6.50, 8:30pm \$8 DJ Pandemonium Jones after last show	Miniplex: <i>White God</i> (film) 3:30pm, 6pm \$6.50, 8:30pm \$8 DJ Red after last show	[M] Miniplex: Druid Underground Film Festival 8pm \$10 [T] Bomba Sonido w/ Gabe Pressure & Zero Juan 8pm Free
SIDELINES 822-0919 732 Ninth St., Arcata	Rudelion Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelion 10pm TBA		
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville		Jimi Jeff Unplugged (rock, blues) 9pm Free		Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free [T] Sunny Brae Jazz 7:30pm Free [M] Anemones of the State (jazz) 5pm Free
SUSHI SPOT 839-1222 1552 City Center Road, McK.					[W] Reggae Wednesdayz w/Rudelion 10pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		Hip-hop DJs 9pm Free	DJ Music 10pm Free		



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BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free	DJ Saturdays 10pm Free		[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Jenni and David & The Sweet Soul Band (blues) 9pm Free	Doug Fir & the 2x4s (classic rock) 9pm Free		
BENBOW INN 923-2124 445 Lake Benbow Drive, Benbow	Paco Martin and Friends (Latin music) 6:30pm Free	Paco Martin and Friends (Latin music) 6:30pm Free			[T, W] Paco Martin and Friends (Latin music) 6:30pm Free
C STREET MARKET SQUARE Foot of C Street, Eureka	Bill Noteman & the Rockets (rock and blues) 6pm Free				
CALICO'S CAFE 923-2253 808 Redwood Drive, Garberville			Frisky Brisket (violin, guitar) 7pm Free	Jen Tal and The HuZBand (acoustic duo) 6:30pm Free	
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville	Jimmy D. Jazz Quartet 7:30pm Free				
CHAPALA CAFE 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6pm Free	The Tumbleweeds (cowboy) 6pm Free		
CURLEY'S FULL CIRCLE 460 Main St., Ferndale 786-9696					[W] Open Mic Night 7pm Free
EMPIRE LOUNGE 798-6498 415 Fifth St., Eureka					[W] Karaoke at the Cantina 6pm \$2 All Ages [M] Brian Post & Friends (jazz) 9pm Free [T] Anna Hamilton w/ Bill (blues comedy) 8pm Free [W] Comedy Open Mikey 9pm Free
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093					[M] Open Mic 5:30pm Free
FERNBRIDGE MARKET RIDGETOP CAFE 786-3900 623 Fernbridge Dr., Fortuna,					
FRENCH'S CAMP Piercy	Reggae on the River \$200-\$500	Reggae on the River \$200-\$500	Reggae on the River \$200-\$500	Reggae on the River \$200-\$500	
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Pappa Paul (folk) 6pm Free			
LIL' RED LION 444-1344 1506 Fifth St., Eureka			Karaoke w/DJ Will 9pm Free	Karaoke w/DJ Will 8pm Free	[T] Pool Tournament 7pm \$5

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NORTHERN DELIGHTS 7091 ST. HWY 3, Hayfork 923-7007			Dan Bern (singer/songwriter) 9:30pm \$10		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600					[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Pressure Anya Dirty Thursdays (DJ music) 9pm Free	DJ M (DJ music) 10pm Free	JSun (DJ music) 10pm Free		
PERSIMMONS GALLERY 923-2748 1055 Redway Drive, Redway					[W] Open Mic w/Anna Hamilton 7:30pm Free
SHAMUS T BONES 407-3550 191 Truesdale St., Eureka		Hot Summer Nights (DJ music) 10pm Free			
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Chris Chandler & Paul Benoit (performance poets) 9pm Free	Phantom Wave presents: The Haunt 9pm TBA			[T] Open Mic Night 7pm Free
THE SPEAKEASY 444-2244 411 Opera Alley, Eureka		The Eureka Pizza Council (jazz) 8:30pm Free	Buddy Reed and the Rip It Ups (blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free
VICTORIAN INN RESTAURANT 400 Ocean Ave., Ferndale 786-4950		Jeffrey Smoller (solo guitar) 6pm Free			



WHO: The Appendixes
WHEN: Thursday, July 30 at 10 p.m.
WHERE: Richards' Goat Tavern and Tea Room
TICKETS: \$5, 21-and-over

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WHO: Insects Vs. Robots
WHEN: Friday, July 31 at 10 p.m.

WHERE: Jambalaya
TICKETS: TBA, 21-and-over

PHOTO
 COURTESY OF
 THE ARTIST

Hiya, readers. I'm sorry to tell you I have come down with a silly summer cold — this, after a friend exclaimed last week, “You never get sick!” — and am writing to you through a raspy, snotty filter of no fun. But fun remains to be had, and I encourage you, as always, to seek it out.

Reggae Reggae Reggae

First, let's note that this weekend boasts the most important fundraiser of the year for the Mateel Community Center (and several other nonprofits who make a large portion of their yearly budgets from their food booths). Going Thursday through Sunday, the longest-running reggae/world music festival in the U.S. celebrates its 31st anniversary at French's Camp along the banks of the

Eel River. Tickets were still available as of press time. See more in this week's calendar and visit www.reggaeontheriver.com for the entire line-up and all the information you require.

Thursday

Requiem for a dream (pop)

The Portland band **Appendixes** sounds like how I feel — minus the mucus. (There's a quote for the press kit.) Let me rephrase: The PDX-based Appendixes play music that stretches and folds like they're pulling taffy made from the saltwater of your tears in a candy shop built on the desires you've let slip away. Yep. Wear shoes you like because you'll be gazing upon them while you sway your way through the evening. This glimmering evening manifests at Richards' Goat, includes locals **Float Forward** and **Venus Milk**, starts at 10 p.m., will run you \$5 and is 21-and-over.

More Richer than My Tongue

When words fail,
 sound can often speak

By Jennifer Savage

thesetlist@northcoastjournal.com

Friday

What a piece of work is man

Speaking of hallucinations, five-piece **Insects Vs. Robots** is described as a “psychotropicpicturesque quasi-nomadic music tribe roaming the jungles of Los Angeles.” The band should be expected to employ violin, charango, guitar, drums, bass, voice, harp, banjo, kazoo, harmonium, Saran Wrap, sitar, megaphone and various other sonic utilities together, producing otherworldly, folksy and, at times, volcanic rock. Expect to dance. Eureka's highly pedigreed, blues-flavored (and well-organized) **Cold Blue Water** — fresh from Roll on the Mattole — joins. At the Jambalaya, doors at 9 p.m., music at 10 p.m., 21-and-over, and, yes, I too would like to know what the cover is, but alas, this info exists on not a single one of the several places I looked for it online. Perhaps you'll see a flyer. I'd pay at least \$15. (Trivia note: IVR includes **Micah Nelson**, son of Willie, but the band doesn't seem to make a big deal about that fact.)

Saturday

If music be the food of love, play on

Speaking of blues-flavored, this weekend is the Blue Lake Blues Festival, the highlight of which is the **Buddy Brown Blues Festival**, an annual all-day acoustic and electric blues event at Perigot Park featuring some of Humboldt County's favorites: **Secret Club**, **Buddy Reed and the Rip It Ups**, **Uptown Kings**, **Jim Lahman Band** and **Black Sage Runners**. The fest kicks off at 11 a.m. Tickets are \$8 in advance at The Works, People's and Wild-berries, \$10 at the door. Kids under 12 free.

Proceeds benefit the Humboldt Folklife Society's folk music school.

Tuesday

In your mind's eye

This is a live music show you can enjoy in the comfort of your own home because it takes place on the radio. Move the furniture out of the way and tune into *Los Ensemble Economique* at KHSU 90.5 FM (or via www.khsu.org/listen_live) at 10 p.m. for **The Rubs**, a punk/power pop/garage band out of Chicago — indeed, The Rubs are a veritable “who's who” of the Chicago garage rock scene. Totally free! All ages! (Pro tip for the grown-ups who have to work in the morning: Brush and floss before you start rocking out so you can switch from moshing around your living room to flopping on your bed without pause.)

The earth has music for those who listen

Lacking my own synapses firing, I've borrowed a bit from minds who've outlasted time thus far. Thank you to William Shakespeare, Hubert Selby Jr., Hans Christian Andersen and George Santayana. (English majors and other lit freaks, please feel free to play find-and-match-the-quotes. I'll be over here drinking tea, thinking of a prize for the winners.)

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

Calling all animal lovers! **Miranda's Rescue** (1603 Sandy Prairie Road, Fortuna) opens its doors and all 30 acres **Sunday, Aug. 2** for its annual **Wine and Cheese Open House** from **noon to 4 p.m.** (free). View the sanctuary animals, see who's available for adoption,

enjoy complimentary wine, cheeses and chocolates, plus raffles and live and silent auctions. Kids will love the petting zoo and pony rides, too.



more (\$10, \$8 advance, free kids under 12).

Listen to blues, toss back brews, sip fine wine and dine, dine at the **Buddy Brown Blues Festival, Saturday, Aug. 1** at **Blue Lake's Perigot Park**. Music starts at **11 a.m.** with The Overstimulators! and continues all day long with Buddy Reed and The Rip It Ups, Uptown Kings, Black Sage Runners and

If you love Bugs, the **Humbugs VW Club Car Show and BBQ** is the place to be this **Saturday, Aug. 1** when vintage Volkswagens vvy for your attention from **9 a.m. to 3 p.m.** at McKinleyville's **Pierson Park** (free for spectators, \$20 to show, \$24 to show and join the club).



8 DAYS A WEEK

30 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. Go into the courtyard on C Street to the room on the right. \$5. 442-0309.

MUSIC

Summer Concert Series. 6 p.m. C Street Market Square, Foot of C Street, Eureka. Open-air music on Eureka's waterfront. Bill Noteman & the Rockets, rock and blues. Free. www.eurekamainstreet.org/node/866.

Women Singing in Harmony. 6-8 p.m. Church of Jesus Christ of Latter-Day Saints, 2806 Dolbeer St., Eureka. A cappella chorus singing four-part harmony. All voice parts welcome. Drop by to listen or sing. Free. 601-8219.

World Beats. Every other Thursday, 6-7:30 p.m. Bob Olofson, 212 14th St., Eureka. African-influenced drumming. All levels welcome and some instruments available. \$5 to \$10, no one turned away. rwolofson@sbcglobal.net. 444-8764.

EVENTS

Community Board Game Night. Last Wednesday, Thursday of every month, 6-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Play your favorite games or learn new ones with North Coast Role Playing. Free. osslnrcp@northcoast.com. www.baysidegrange.org. 444-2288.

Reggae on the River. French's Camp, SoHum, Piercy. One of the longest running reggae music festivals in the world, featuring multiple live bands, food, vendors and more. \$200-\$500. www.reggaeontheriver.com.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. Five days of events to raise money for the Rio Dell Volunteer Fire Department. From a car cruise and lawnmower races to a rib cook-off and

firefighter muster, this event is a must see Humboldt experience. office@riodellscotiachamber.org. 506-5081.

FOR KIDS

Pre-School Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. Listen to stories and songs every Thursday morning. Different themes every week. Free. kmullen@co.humboldt.ca.us. 677-0227.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m. Henderson Center, Henderson near F Street, Eureka. Fresh local produce, straight from the farmer. www.humfarm.org. 441-9999.

MEETINGS

C Street to F Street Design Workshop. 9:30 & 11:30 a.m. Wharfinger Building, 1 Marina Way, Eureka. Work with architects to plan development of the area behind the boardwalk. Free. planning@ci.eureka.ca.gov. 441-4160.

Humboldt County Beekeepers. 6:30 p.m. Humboldt County Agriculture Department, 5630 South Broadway, Eureka. Renowned Nevada County beekeeper Randy Oliver shares his experience on honeybee health and management technique. \$2 donation. 845-3362.

SPORTS

Humboldt B-52s Baseball. 7 p.m. Bomber Field, Redwood Acres, Eureka. The semi-professional team swings away. \$5, \$3 kids under 10, free for kids under 4.

Humboldt Crabs Baseball Invitational Tournament. Arcata Ball Park, Ninth and F streets. The Crabs take on the Solano Mudcats, the Pacific Capitalists and the Auburn Wildcats in a round robin tournament for bragging rights. \$9, \$6 students and seniors, \$4 kids under 12.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and fiber artists to socialize and work on projects. 442-9276.

Standard Magic Tournament. 6-10 p.m. NuGames

Eureka, 1662 Myrtle Ave. #A. Put your deck to the test. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

31 friday

LECTURE

Nuclear Age and Peace Consciousness. 6-10 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Roy Tamashiro gives a presentation on Hiroshima and the rise of peace consciousness. Potluck at 6 p.m., talk at 7 p.m. Free. tinyurl.com/2015PeacePilgrimage. 839-0313.

MOVIES

Citizenfour. 4:15 & 6:45 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Academy-award winning documentary about the government's covert-surveillance programs and whistleblower Edward Snowden. \$8, \$6.50 before 7 pm. www.richardsgoat.com.

Rush Hour. 8 p.m. Arcata Theatre Lounge, 1036 G St. "The fastest hands in the East meet the biggest mouth in the West" in this Jackie Chan/Chris Tucker cop-buddy flick. \$5. www.arcatatheatre.com.

THEATER

Always A Bridesmaid. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. Four friends keep their prom-night promise to be in each other's weddings — no matter what. \$16, \$12 regular shows, see www.ncrt.net for special show pricing.

Mary Poppins. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. A singing, dancing adventure with the original Supernanny, her chimney sweeping pal and a spoonful of sugar. \$13-\$19. www.hlcc.org. 630-5013.

EVENTS

Reggae on the River. French's Camp, SoHum, Piercy. See July 30 listing.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. See July 30 listing.

FOR KIDS

Baby Read and Grow. Every other Friday, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Families are invited to share songs, fingerplays and short stories. Free. 269-1910.

FOOD

Garberville Farmers Market. 11 a.m.-3 p.m. Garberville Town Square, Church Street. Local farm-fresh produce, meats, cheeses, baked goods and other specialty foods. EBT, Cal-Fresh and WIC accepted. SoHumFM@Yahoo.com. 786-9460.

MEETINGS

C Street to F Street Design Presentation. 5:30-7 p.m. Wharfinger Building, 1 Marina Way, Eureka. A presentation of the community's final concepts for development of the area behind the boardwalk. Free. planning@ci.eureka.ca.gov. 441-4160.

OUTDOORS

Moonrise Paddle. 7 p.m. Humboldt Bay Aquatic Center, 921 Waterfront Drive, Eureka. Watch the moon rise through the mist as you paddle out for 90 minutes with experienced guides in a kayak or canoe. \$45, \$35 HSU students. hbac@humboldt.edu. 443-4222.

SPORTS

BMX Friday. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for BMX practice and racing. Wear long sleeves and pants. \$2 practice, \$5 ribbon race. 407-9222.

Humboldt B-52s Baseball. 7 p.m. Bomber Field, Redwood Acres, Eureka. See July 30 listing.

Humboldt Crabs Baseball Invitational Tournament.

continued on next page ►



PHOTO BY MARK MCKENNA

Meet Your Maker

Humboldt County's artists and artisans take to the streets for the **Humboldt Makers Street Fair** in **Old Town** on **Aug. 1** from **noon to 9 p.m.** (free). Make it a full day of art, music and fun as the event blends into Eureka's **Arts Alive!** in the evening.

Peruse the wares of **woodworkers, jewelers, pottery artists, clothing crafters** and more. Stroll Second Street, shake a few artistic hands or try your own at a trade. Get a little glitter on your fingertips (and everywhere else) — or watch the pros do it themselves at any of the many **demonstrations**. Chances are you'll walk away from the day with inspiration as well as something pretty.

Entertaining you all day long are local musicians and street performers. Some spin sticks of fire, some belly dance. Bob your head to the beats of **Lindsay Battle, Cliff Dallas and the Death Valley Troubadours, Companion Animal, Dogbone** and the **John David Young Conspiracy**. **Pachucos in Space** opens the fair playing the gazebo at noon.

The handmade hoedown is a fundraiser for **Crafty Kids Enrichment Program**, providing scholarships for kids to attend crafting camps offered by **Origin Design Lab** (which, along with Eureka Main Street, puts on the fair each year).

— Kali Cozyris

Arcata Ball Park, Ninth and F streets. See July 30 listing. **Public Skating.** 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

State Qualifier. Redwood Empire BMX, 3750 Harris St., Eureka. Redwood Empire BMX hosts its 600-point race weekend. Free to watch, race fees vary by day. redwoodempirebmxfundraising@gmail.com. 407-9222.

1 saturday

BOOKS

Book Sale. 10 a.m. Rio Dell Library, 715 Wildwood Ave. Load up on some new used books. Part of Wildwood Days Festivities. \$1 hardbacks, \$.50 paperbacks, \$.25 kid's books.

Carla Baku. 6-9 p.m. Booklegger, 402 Second St., Eureka. The author signs her historical novel about the expulsion of the Chinese in Eureka, *Chasing Down the Moon*. Free. staffbooklegger@suddenlinkmail.com. 445-1344.

Jim Garrison. 6-9 p.m. Eureka Books, 426 Second St. Local author signs copies of his newly published *Images of America: Scotia and Rio Dell*.

MOVIES

Citizenfour. 3:30, 6 & 8:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. See July 31 listing.

Copenhagen. 2 p.m. Humboldt County Library, 1313 Third St., Eureka. The Humboldt County Library presents this film about German physicist Werner Heisenberg as

part of its August World War II film series. Free. www.humlib.org.

White God. 3:30, 6 & 8:30 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. A woman is forced to give up her beloved dog because its mixed-breed heritage is deemed unfit by the state in this winner of the Un Certain Regard prize at Cannes. \$8, \$6.50 before 7 p.m. www.richardsgoat.com.

MUSIC

Buddy Brown Blues Festival. 11 a.m. Perigot Park, 312 South Railroad Ave., Blue Lake. All-day music featuring The Overstimulators, Secret Club, Buddy Reed and The Rip It Ups, Uptown Kings, the Jim Lahman Band and the Black Sage Runners. \$10, \$8 advance.

THEATER

Always A Bridemaid. 8 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See July 31 listing.

Chemonade Stand. 5-7 p.m. Old Town Gazebo, Second and F streets, Eureka. Street theater to raise awareness about fracking in California. Part of a statewide day of action to ban fracking. Free. wendy@climate911.org. 845-2466.

Mary Poppins. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See July 31 listing.

EVENTS

Arts Alive. First Saturday of every month, 6-9 p.m. Art, and a heap of it. All around Old Town, Eureka. Free. www.eurekamainstreet.org. 442-9054.

Disney Dance and Fundraiser. 5-9:30 p.m. Moose Lodge, 4328 Campton Road, Eureka. Come as your favorite Disney character, enjoy face painting, snow cones, games, prizes and goodies while supporting a local teen

and young adult high-functioning autism group. \$5 per family. springsnakes@yahoo.com. 499-0736.

Big Latch On. 10-11 a.m. Arcata Plaza, Ninth and G streets. Celebrate World Breastfeeding Week with an attempt to break the record for the most women simultaneously breastfeeding. Information about breastfeeding and a raffle. Free. HumboldtHunny87@yahoo.com. www.biglatchon.org.

Humboldt Makers Street Fair. 12-9 p.m. Historic Old Town Eureka, Second Street. A street celebration of crafters, artists, performers and musicians. Enjoy a full day of making art with demonstrations, performance art, live painting and a free day-long concert. www.eurekamainstreet.org.

Humbugs VW Show and BBQ. 9 a.m.-3 p.m. Pierson Park, 1608 Pickett Road, McKinleyville. Check out vintage bugs or enter your own 20-year-or-older model for \$20 (includes barbecue). Join the club for \$24. Free for spectators. resherman46@gmail.com.

Reggae on the River. French's Camp, SoHum, Piercy. See July 30 listing.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. See July 30 listing.

FOR KIDS

KEET's Kids Club. First Saturday of every month, 12-2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. This monthly workshop includes PBS Kid's programming, story time, tours of current art exhibitions and art activities. Each family takes home a free book. Free. www.humboldtarts.org. 442-0278 ext. 201.

Story Time. First Saturday of every month, noon. Willow Creek Library, state routes 299 and 96. Introduce your preschooler to the fun of books. Free.

FOOD

Arcata Plaza Farmers Market. 9 a.m.-2 p.m. Arcata Farmers' Market (off the plaza), Eighth and I streets. Fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Live music by Mad River Rose.

DQ Youth Produce. 9 a.m.-2 p.m. Dream Quest, 100 Country Club Drive, Willow Creek. Dream Quest offers a selection of local, mostly organic produce and more. dreamquestwillowcreek@hotmail.com. www.dreamquestwillowcreek.org. (530) 629.3564.

Whole Grain Bakery Market. 10 a.m.-3 p.m. Lost Coast Café & Bakery, 468 Main St., Ferndale. Taste and browse baked goods and produce. Under the patio umbrella. Rain cancels. 601-0070.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 569 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Elliott Dabill. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Bring your binoculars and have a great morning birding. Meet trip leader Jude Power in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Free. www.rras.org/calendar.

Hammond Trail Work Day. First Saturday of every month, 9-11 a.m. Hammond Trail, Mad River Bridge, Arcata. Work, clean and paint. Dress for work. New volunteers welcome. Contact for meeting place. sbecker@reninet.com. www.humtrails.org. 826-0163.

Lanphere Dunes Guided Walk. First Saturday of every month, 10 a.m. Pacific Union School, 3001 Janes Road, Arcata. Join a Friends of the Dunes naturalist and tour part of the Humboldt Bay National Wildlife Refuge. Free.

info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Orchid Walk. 10 a.m.-1 p.m. Lanphere Dunes, Lanphere Road, Arcata. Join botanist Tony LaBanca on a guided tour of the Lanphere Dunes to find native orchids along the forest and dune trails. Free. info@friendsofthedunes.org. www.friendsofthedunes.org/news. 444-1397.

SPORTS

Humboldt Crabs Baseball Invitational Tournament. Arcata Ball Park, Ninth and F streets. See July 30 listing.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See July 31 listing.

Spears SRL Southwest Tour Series. 5 p.m. Redwood Acres Racetrack, 3750 Harris St., Eureka. Racetrack action with super late models. \$25, \$10 for kids 12 - 6, free to kids 5 and under.

State Qualifier. Redwood Empire BMX, 3750 Harris St., Eureka. See July 31 listing.

ETC

Women's Peace Vigil. 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

Yu-Gi-Oh! Standard League. 1-4 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and claim your prizes. \$5. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

2 sunday

ART

Art Talk. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Join printmaker and book artist Barbara Milman for a talk on her climate change exhibition *Sea Change*. \$5, \$2, Free to MGMA members and children. www.humboldtarts.org.

Trinidad Artisan's Market. 11 a.m.-3 p.m. Trinidad, Downtown. Local artisans present their arts and crafts. Enjoy live music each week at noon and barbecue. Free.

BOOKS

Book Sale. 10 a.m. Rio Dell Library, 715 Wildwood Ave. See Aug. 1 listing.

LECTURE

Tribute to Hiroshima and Nagasaki. 11 a.m.-12:30 p.m. Humboldt Unitarian Universalist Fellowship, 24 Fellowship Way, Bayside. Roy Tamashiro shares narratives of Hiroshima citizens, including several atomic bomb witnesses, and discusses healing, hope and finding peace. Free. tinyurl.com/2015PeacePilgrimage. 839-0313.

MOVIES

Pete's Dragon. 6 p.m. Arcata Theatre Lounge, 1036 G St. An orphaned boy and his mostly invisible dragon find happiness with a family in turn-of-the-century Maine. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing any instrument with any ability is invited; 7-9 p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Summer Music in the Garden. 12-2 p.m. Humboldt Botanical Garden, 7351 Tompkins Hill Road, College of the Redwoods Campus, North Entrance, Eureka. Bring a picnic lunch for an afternoon of everything from classical to jazz and popular favorites. Featuring Northcoast

Brass Ensemble. Free to members, \$5 non-members. www.hbgf.org. 442-5139.

THEATER

Always A Bridesmaid. 2 p.m. North Coast Repertory Theatre, 300 Fifth St., Eureka. See July 31 listing.

Mary Poppins. 2 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See July 31 listing.

EVENTS

Reggae on the River. French's Camp, SoHum, Piercy. See July 30 listing.

Rio Dell 50th Anniversary Celebration. 10 a.m. Rio Dell City Hall, 675 Wildwood Ave. Enjoy refreshments, historical photos, a "History of Rio Dell" presentation by Jerry Rhode and a mayor's presentation. Free.

Wildwood Days. Rio Dell Fireman's Park, Wildwood Avenue and Center Street. See July 30 listing.

Wine and Cheese Open House. 12-4 p.m. Miranda's Rescue, 1603 Sandy Prairie Road, Fortuna. Enjoy wine, cheese and chocolates, pony rides and a petting zoo, live music by DJ Kev, a silent auction and raffle at this

benefit for Miranda's Rescue. Free. www.mirandasrescue.org. 616-5018.

FOR KIDS

Pokemon Trade and Play. 3-5 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your cards to play or learn. Free. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. (503) 828-7421.

Freshwater Grange Breakfast. First Sunday of every month, 8-11 a.m. Freshwater Grange, 49 Grange Road, Eureka. Enjoy buttermilk and whole-grain pancakes, eggs, ham, sausage and French roast coffee. Top your eggs with homemade salsa and cheese. \$6, \$4 for kids. 442-7107.

OUTDOORS

Dune Restoration. First Sunday of every month, 1-4 p.m. Lake Earl Wildlife Area, 2591 Old Mill Road, Crescent City.

Ensure that diverse native dune plants can survive and spread, providing homes and food for native animals. Free. 954-5253.

Skunk Cabbage Trail Hike. 9 a.m. Ray's Food Place, Arcata, 5000 Valley West Blvd. Hike on Redwood National Park's Skunk Cabbage Trail, a moderate, 7.5-mile round-trip. Bring water and lunch. No dogs. Free. www.gorays.com.

SPORTS

BMX Practice and Racing. 1-3 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for BMX fun. Wear long sleeves and pants. \$2 practice, \$11 race. Hotline 407-9222, Text REBMX to 33733 for text message alerts.

Humboldt Bay Critter Crawl. 10 a.m. Woodley Island Marina, 601 Startare Drive, Eureka. A 4.5-mile swim in Humboldt Bay to benefit the North Coast Marine Mammal Center in Crescent City. TBA.

Humboldt Crabs Baseball Invitational Tournament. Arcata Ball Park, Ninth and F streets. See July 30 listing.

State Qualifier. Redwood Empire BMX, 3750 Harris St., Eureka. See July 31 listing.

ETC

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. www.nugamesonline.com. 497-6358.

Humboldt Flea Market. First Sunday of every month, 8 a.m.-3 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. Peruse the tables for treasures. \$2 from 8 a.m. to 9 a.m., \$1 after 9 a.m., kids under 12 free. www.redwoodacres.com. 822-5292.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

3 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music from the 1930s through the 1950s. Refreshments served. \$4. 725-5323.

MOVIES

Druid Underground Film Festival. 8-10 p.m. Richards' Goat Tavern & Tea Room, 401 I St., Arcata. Enjoy an evening of subversive cinema featuring cuts from amateur monster movies, propaganda and rowdy short films. \$10. www.druidundergroundfilmfestival.com. 630-5000.

MUSIC

Humboldt Folklife Society Sing-along. First Monday of every month, 7 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Come sing your favorite folk, rock and pop songs of the '60s with Joel Sonenshein. Songbooks are provided. Free. joel@asis.com. 839-7063.

MEETINGS

Bayside Grange Monthly Meeting. First Monday of every month, 7 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Lively conversation, noshing and discussions about the restoration and program diversity of the Bayside Grange. Free. hallmanager@baysidegrange.com.

continued on next page ►

HUMBOLDT

FLEA MARKET

Sun., August 2nd
8am-3pm

Redwood Acres
— **Fairground**

Admission Fee:
\$1 After 9am

Kids 12 & Under FREE
Early Birds \$2

For Reservations
Call Dayton

(707) 822.5292



PHOTO BY ALEXANDER WOODARD

Smoke on the Water

This time every year, the banks of the Eel River buzz to life with good vibes and skanking sounds as thousands of reggae-loving folk make their annual pilgrimage to **French's Camp** in Piercy to get together and feel all right.

Reggae on the River, running **Thursday, July 30 through Sunday, Aug. 2**, is the longest-running reggae/world music festival in the U.S. and the area's biggest event. This year, headliners **Stephen "Ragga" Marley**, **Cham**, **Alborosie & the Shengen Clan**, **Collie Buddz**, **Tarrus Riley & Blak Soil**, **Ghetto Youths International** and **Protoje & the Indignation** will have the masses groovin'. Of course, those acts are but a fraction of the four-day entertainment lineup. In addition to dozens more singers and bands, ROTR also features **DJs and sound systems**, **KidLandia** for the little raggamuffins and more than **60 vendors and nonprofits**. While you're camping, dancing and recreating on the river, organizers encourage you to bring your own water in gallon containers (drought!), dress for the weather (HOT during the day, cool at night) and wear sunscreen. Take advantage of the inner festival shuttle, as well as pedicabs, which will roll you anywhere on site for a tip.

Want to raise your irie? Bring a tool to donate to the **Tools For Change** program, helping communities in rural West Africa. And keep in mind that Reggae is a nonprofit event with ticket money supporting programs and services of the Mateel Community Center.

So, go ahead and treat yourself. Jah knows you deserve it. Tickets range from \$200 to \$500 for the Ambassador Pass and \$90 at the gate for single-day tickets (no camping) on Friday, Saturday and Sunday.

— Kali Cozyris

Notary Public

Walk-ins welcome

Monday-Friday 9-5
Saturday by appointment

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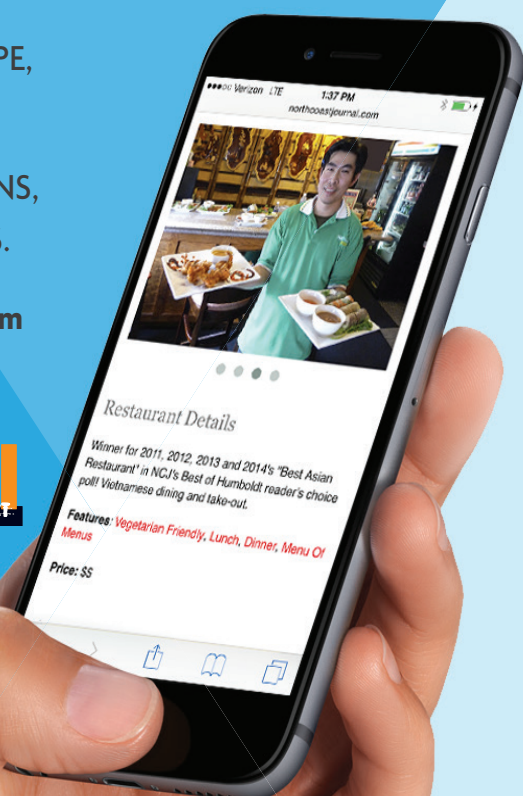
RESTAURANTS A - Z

SEARCH BY FOOD TYPE,
REGION AND PRICE.

BROWSE DESCRIPTIONS,
PHOTOS AND MENUS.

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Calendar 8 DAYS A WEEK

continued from previous page

org. www.baysidegrange.org. 822-9998.

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

ETC

Monday Night Magic Draft. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. New and seasoned players welcome. \$15. nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

Teach-in to Ban Bobcat Trapping. 6-8 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Environmental Protection Information Center (EPIC) hosts a poster making session and provides information on trapping issues ahead of the Aug. 5 Fish and Game hearing at the Fortuna River Lodge. Free. natalynne@wildcalifornia.org. 822-7711.

4 tuesday

MUSIC

Ukulele Play and Sing Group. First Tuesday of every month, 1:30 p.m. Humboldt Senior Resource Center, 1910 California St., Eureka. All skill levels. Other instruments on approval. Meet first and third Tuesday. Donations of \$1-\$2 appreciated. veganlady21@yahoo.com.

SPOKEN WORD

Human Expression Night. 7 p.m. Blondies Food And Drink, 420 E. California Ave., Arcata. Courtne Burns hosts this night of poetry and creativity. Free. www.blondiesfoodanddrink.com.

FOR KIDS

Pokemon Trade and Play. 3-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See Aug. 2 listing.

FOOD

Eureka Farmers Market. 10 a.m.-1 p.m. Old Town Gazebo, Second and F streets, Eureka. Fresh, local produce direct from the farmer. Free. 441-9999.

Fortuna Farmers Market. 3-6 p.m. Fortuna Main Street, Main Street. Locally grown fruits, veggies and garden plants, plus arts and crafts. Free.

Miranda Farmers Market. 2-6 p.m. Miranda Gardens Resort, 6766 Avenue of the Giants. Pick up produce, baked goods and more right across from the Miranda Gardens Resort. Free. www.facebook.com/Southernhumboldtfarmersmarket.

Shelter Cove Farmers Market. 11 a.m.-3 p.m. Downtown Shelter Cove, Machi Road. Fresh fruits, vegetables, ornamental trees and plants, all with an ocean view. Free. www.facebook.com/Southernhumboldtfarmersmarket.

COMEDY

Savage Henry Comedy Night. 8 p.m. The Jambalaya 915 H St., Arcata. Local and out of town comedians bring the ha-has. \$5. 822-4766.

ETC

Bingo. 6 p.m. Moose Lodge, 4328 Campton Road, Eureka. Speed bingo, early and regular games. Doors open at 5 p.m. Games range from \$1-\$10.

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Ferndale Cribbage. 10 a.m. Our Savior's Lutheran Church, 425 Shaw Street, Ferndale. Cards and pegs.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328

Campton Road, Eureka. Play cards at the Moose Lodge - club meets every Tuesday. 444-3161.

Community Clean Up. First Tuesday of every month, 10 a.m.-noon Riverbend Cellars, 12990 Avenue of the Giants, Myers Flat. Help with limbing, taming brush, burning slash, hauling garbage and clearing out abandoned cars. Free. www.riverbendcellars.com.

5 wednesday

MOVIES

Sci Fi Night ft. Attack Of The Monsters. 7:30 p.m. Arcata Theatre Lounge, 1036 G St. Gamera, the hero flying turtle, takes on Guiron to save three kids. Free w/\$5 food or beverage purchase. www.arcatatheatre.com.

FOR KIDS

Read to the Rhythm. 1:30-5 p.m. Rio Dell Library, 715 Wildwood Ave. Drop-in for summer reading club and make drums, shakers, rattlers and more. Free.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

OUTDOORS

Guided Nature Walk. First Wednesday of every month, 9 a.m. Richard J. Guadagno Visitor Center, Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This 2-mile walk is a great way to familiarize yourself with local flora and fauna. Binoculars are available at the visitor's center. Free. www.fws.gov/refuge/humboldt_bay. 733-5406.

SPORTS

BMX Wednesday Practice and Racing. 4:30-6:30 p.m. Redwood Empire BMX, 3750 Harris St., Eureka. Bring your bike for BMX fun. Wear long sleeves and pants. \$2 practice, \$8 medal race. <https://www.facebook.com/RedwoodEmpireBmx>. 407-9222.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093

ETC

Casual Magic. 4-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring your decks and connect with the local Magic community. Beginners welcome. Door prizes and drawings. \$5. www.nugamesonline@gmail.com. www.nugamesonline.com. 497-6358.

6 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See July 30 listing.

MUSIC

Summer Concert Series. 6 p.m. C Street Market Square, Foot of C Street, Eureka. See July 30 listing.

Women Singing in Harmony. 6-8 p.m. Church of Jesus Christ of Latter-Day Saints, 2806 Dolbeer St., Eureka. See July 30 listing.

THEATER

Mary Poppins. 7:30 p.m. Van Duzer Theatre, Humboldt State University, Arcata. See July 31 listing.

FOR KIDS

Pre-School Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. See July 30 listing.

FOOD

Henderson Center Farmers Market. 10 a.m.-1 p.m.

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Henderson Center, Henderson near F Street, Eureka.
See July 30 listing.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See July 30 listing.

Standard Magic Tournament. 6-10 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. See July 30 listing.

Heads Up...

Fig Twig Market applications are available at www.figtwigmarket.com. Applications must be postmarked by Aug. 1 for the Nov. 6-7 event.

Fern Cottage Foundation seeks board members. Please send a letter of intent to Fern Cottage Foundation, P.O. Box 1286, Ferndale, CA 95536. For information, go to www.ferncottage.org.

Ferndale Repertory seeks volunteers: house manager, usher, concession sales and ticket collector. Volunteers are eligible to receive complimentary tickets for their work. Visit www.ferndalerep.org, call 786-5483 or email to info@ferndalerep.org. Deadline is Aug. 31.

Food for People's Children's Summer Lunch Program provides a free sack lunch for children on summer weekdays. For more information, call 445-3166 ext. 309.

Volunteers wanted for Eureka VA clinic. Call 269-7502.

For an application for grand jury service, call 269-1270 or stop by the Jury Services Office at the Humboldt County Courthouse. Applications online at www.co.humboldt.ca.us/grandjury.

Friends of the Arcata Marsh seeks gently used kids' science books. Call 826-2359.

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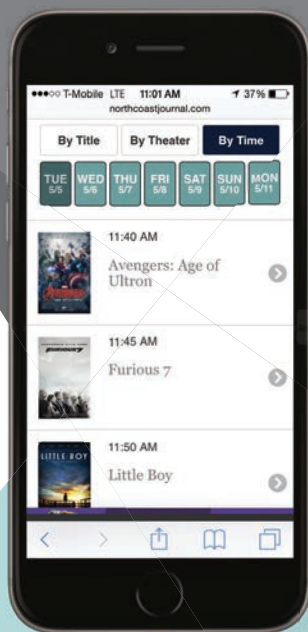
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FILMLAND

On the Ropes

Portraits of fame and loss in
Southpaw and *Amy*

By John J. Bennett

filmland@northcoastjournal.com

Reviews

SOUTHPAW. Just so we're all clear, that Jake Gyllenhaal did not win an Academy Award for his performance in *Nightcrawler* (2014) seems like the result of some grievous actuarial error. The fact that he was not even nominated feels more like a miscarriage of justice, although the mention of justice and a Hollywood trophy show in the same paragraph is more than a little silly. Point being, Gyllenhaal is perhaps the most committed, versatile, self-challenging dramatic actor working in major motion pictures today. He chooses tough, thought-provoking roles and throws himself into them with near-abandon, transforming his body and his manner to disappear into character. And maybe never more so than in *Southpaw*, an old-fashioned, riches-to-rags boxing yarn that may be slightly beneath his talents.

Written by Kurt Sutter (creator of TV's ultra-violent, Greek-cum-Shakespearean tragedy/biker drama *Sons of Anarchy*, to which I am fully addicted), *Southpaw* introduces us to Billy "The Great" Hope (Gyllenhaal) as he defends his light heavy-weight title. As we are constantly reminded, Billy is a product of the system, raised in a series of foster homes and orphanages, including the one where he met his wife Maureen (Rachel McAdams). In the ring, he's a scrappy brawler, relying on his intensity and ability to take punishment to wear down his opponents. His method works, having brought him a 43-0 professional record, but it is not a sustainable one; Maureen worries he'll be brain-damaged before he retires. One night after a charity benefit, things get heated with one of Billy's would-be rivals, and Maureen falls victim to an errant bullet. Billy is lost without her. He drinks too much and has

trouble maintaining connection with his precocious 10-year-old daughter Leila (Oona Laurence). He can't bring himself to fight properly and, with his income stream dried up, it isn't long before all the cars are being towed away, the fine furniture is up for auction, and he's locked out of his own mansion. The court removes Leila from his custody. These are dark times, indeed. Billy seeks out trainer Tick Willis (Forest Whitaker), who gives him a job and reluctantly puts him on a program to get back in fighting shape for, of course, one more shot at the title.

Southpaw is heir to decades of boxing pictures, but, to its credit, is the only one to have broken through in recent years. And it does manage to step out of the shadows of its cinematic forbearers, thanks mostly to the amount of heart and passion Sutter invests in his characters. Like *SOA*, this is to a certain extent a study in archetypes, but Sutter is inter-

continued on next page ▶

MOVIES & EVENTS

July 31 - Aug 5



Fri July 31 – Rush Hour (2003),
Doors @ 7:30 PM, Movie @ 8
PM, Film is \$5, Rated PG-13.

Sun Aug 2 – Pete's Dragon
(1977), Doors @ 5:30 PM, Movie
@ 6 PM, Film is \$5, Rated G.

Weds Aug 5 – Sci Fi Night ft. Attack
Of The Monsters (1969), Doors @ 6
p.m. All ages, Free w/\$5 food & bev
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ested in unpacking the moral, ethical and emotional stuff that creates, sustains and challenges such types. So it is a bit boilerplate, a throwback and nod to a bygone era. It has at its center, though, a protagonist who actually lives and breathes, who struggles to meet the obstacles life sends his way, and whose success in surmounting those obstacles is by no means a foregone conclusion. Sutter's writing is not without nuance, but it requires a subtlety of interpretation, a sympathetic reading that allows the complexity between the broad strokes to emerge. Gyllenhaal, unsurprisingly, rises to the occasion with aplomb. He becomes Billy Hope, less hero than hard-luck story, a guy who only really knows how to make a living one way, who loves his daughter and is lost without the guidance and succor of his wife. His performance is tough and moving and sad; it, more than the direction of Antoine Fuqua (*The Equalizer*, *Training Day*) or Sutter's script, works to elevate *Southpaw* above the gritty B-plusness of its inception. R. 123m.

AMY. Documentary is a tricky, dynamic genre. Done well, it can be every bit as compelling and surprising as fictional narrative. Done poorly, it becomes little more than lists and talking heads, a litany of facts without any suspense, humor or heart. Director Asif Kapadia (of the brilliant, heartbreaking *Senna*, which everyone should see, regardless of one's interest in motor-racing) is more aware of this than most. He imbues documentaries with style and drama, finding a way to tell stories that, even if we already know their endings, makes them compulsively watchable.

In this case, he's telling the brief life story of unnaturally brilliant singer/indelible tragic figure Amy Winehouse. A brash Jewish girl from North London, Winehouse was possessed of a singing voice from some other time and place: a big, beautiful, scary instrument in the body of a sad little girl. The movie sketches in Winehouse's childhood, but focuses mainly on her brief recording career, focusing especially on the release and aftermath of her second, devastatingly successful record, *Back to Black* (2006).

There are moments when *Amy* feels almost like a horror movie, when a skeletal Winehouse is repeatedly crushed under a storm of paparazzi, camera-flashes like lightning strikes, the sound of so many shutters like pouring rain. As her fame grows, and as she disappears into self-medication and bulimia, her sadness is palpable, tragic and inevitable. Kapadia examines the cost of celebrity a bit, but



CAN WE GIVE JAKE GYLLENHAAL AN OSCAR BEFORE HE EXPLODES?

the movie is too balanced to be accused of having an agenda. Fairer to call it a portrait of an immensely talented artist for whom "success" did nothing to stave off depression. Winehouse was a brilliant, broken person who had more to say; Kapadia's re-telling of the end of her life makes me want to cry just thinking about it. R. 128m.

— John J. Bennett

Previews

MISSION IMPOSSIBLE: ROGUE NATION. Sorry, not Sarah Palin rogue. The team picks up its rubber masks and hi-tech gadgets again to take on its nefarious counterpart, the Syndicate. Starring Tom Cruise and Jeremy Renner. PG13. 132m.

VACATION. Ed Helms plays the grown-up Rusty, who, like his father before him, takes the family to Wally World. With Christina Applegate. R. 99m.

Continuing

ANT-MAN. Clever asides and Paul Rudd's likeability and subversive darkness almost distinguish this entertaining comic-book action flick from the rest of the Marvel machine. Supporting sidekick Michael Peña might be a comic genius. PG13. 117m.

INSIDE OUT. Pixar renders our inner lives and the tumult of growing up with clarity, charm, poignancy and humor through the personified emotions of a girl named Riley. With Amy Poehler. PG. 94m.

JURASSIC WORLD. A big, fun, well-executed popcorn movie that sticks with dinosaur action thrills rather than convoluted plot. Like its star Chris Pratt, it doesn't take itself too seriously. PG13. 124m.

MINIONS. Sandra Bullock and John Hamm lend voices to the *Despicable Me* spin-off starring the goofy, Twinkie-esque henchmen. PG. 91m.

PAPER TOWNS. A trio of high school boys go on a mystery tour/spontaneity intensive when the enigmatic (and, duh, beautiful) girl next door vanishes. PG13. 109m.

PIXELS. Adam Sandler stars in this interplanetary war pic featuring classic arcade game characters. Spoiler alert: Pac-Man's kind of a jerk. PG13. 105m.

TRAINWRECK. Amy Schumer stars with Bill Hader in this rom com that elevates the genre with funny, flawed leads and precision screwball construction and direction from Judd Apatow. R. 125m.

— Jennifer Fumiko Cahill
and Thadeus Greenon

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Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Ant-Man	Fri-Tue: (11:45a.m., 2:30, 3:50), 5:15, 9:20
Ant-Man 3D	Fri-Tue: (12:45), 6:20
Inside Out	Fri-Tue: (12:35, 3:20), 5:50, 8:20
Jurassic World	Fri-Tue: (11:55a.m., 2:55), 5:55, 8:55
Minions	Fri-Tue: (11:50a.m., 2:05, 4:25), 6:45, 9:05
Mission: Impossible - Rogue Nation	Fri-Tue: (12, 1:30, 3, 4:35), 6, 7:40, 9
Paper Towns	Fri-Tue: (12:25, 3:10), 6:05, 8:45
Pixels	Fri-Tue: (1:10), 6:40, 9:10
Pixels 3D	Fri-Tue: (3:40)
Southpaw	Fri-Tue: (12:40, 3:35), 6:30, 9:25
Trainwreck	Fri-Tue: (12:30, 3:25), 6:35, 9:30
Vacation	Fri-Tue: (11:40a.m., 2:10, 4:40), 7:10, 8:05, 9:40

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-3456

Ant-Man	Fri-Tue: (12:30), 6, 8:45
Ant-Man 3D	Fri-Tue: (3:15)
Minions	Fri-Tue: (11:50a.m., 2:05, 4:25), 6:45, 9:05
Mission: Impossible - Rogue Nation	Fri-Tue: (11:55a.m., 2:55), 5:55, 8:55
Paper Towns	Fri-Tue: (12:15, 3:05), 5:45, 8:30
Pixels	Fri-Tue: (1:30), 6:40
Pixels 3D	Fri-Tue: (4:05), 9:15
Southpaw	Fri-Tue: (12:25, 3:20), 6:20, 9:20
Trainwreck	Fri-Tue: (12:35, 3:30), 6:35, 9:30
Vacation	Fri-Tue: (1:25, 4), 6:30, 9

Minor Theatre

1001 H St., Arcata, (707) 822-3456

Amy	Fri-Thru: 5:45, 8:40
Minions	Fri: (3:30); Sat-Sun: (1:10, 3:30); Mon-Thur: (3:30)
Mission: Impossible - Rogue Nation	Fri: (3:05), 6, 9; Sat-Sun: (12:10, 3:05), 6, 9; Mon-Thur: (3:05), 6, 9
Trainwreck	Fri: (3:20), 6:15, 9:10; Sat-Sun: (12:25, 3:20), 6:15, 9:10; Mon-Thur: (3:20), 6:15, 9:10

Fortuna Theatre

1241 Main St., (707) 725-2121

Mission: Impossible - Rogue Nation	Fri-Sat: (12:30, 3:35), 6:45, 9:45; Sun: (12:30, 3:35), 6:45
The SpongeBob Movie: Sponge Out of Water	Mon: (10a.m.); Wed: (10a.m.)
Teenage Mutant Ninja Turtles	Mon: (10a.m.); Wed: (10a.m.)
Vacation	Fri: (12:20, 4:20), 7, 9:20

workshops & CLASSES

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Arts & Crafts

ART JOURNAL FOR ADULTS Thursdays 9:30-11:30 a.m. through Aug. 25 Blue Lake Studio - 239 Railroad Ave. \$20/2-hr bluelakestudio.net 860-772-7997 (A-0806)

BEGINNING KNITTING CLASSES Each beginning class consists of three 2 hour Saturday sessions. By the last session you will be completing your first project: a simple knit hat. All materials are provided. Sign-up on-line or by calling us. (707) 442-9276 info@northcoastknittery.com http://northcoastknittery.com

CERAMICS FOR YOUNGER KIDS, Ages 4-7 with Amanda Steinebach \$75 Sat. 9:30 -11am Aug 1 - Aug 29. Children will make one to two clay projects per week with each piece designed to bring out their creativity. Fire Arts Center 520 South G St. Arcata 707-826-1445 fireartsarcata.com (A-0730)

VINTAGE STYLED HATS Love knitted hats but can't find a style that flatters the shape of your face and hair style? Roaring Twenties hats such as the cloche, toque, and embellished cap were designed to compliment many different wearers. Julie Turjoman, who wrote "A Head for Trouble" comes to NorthCoast Knittery on 9/19 and 9/20. Sign-up for her workshops on-line or give us a ring. (707) 442-9276 info@northcoastknittery.com northcoastknittery.com

Computer

EXCEL 2013-INTERMEDIATE M/W AUG 17 & 19TH 2015 FEE: Fee: \$250 includes a textbook. For information call College of the Redwoods Community Education at 707-476-4500 (C-0730)

Dance/Music/Theater/Film

DANCE WITH DEBBIE PRESENTS: Summer workshops! Topics include: "Basics of Partnering", "Swing Flair & Style", "Dips & Fancy Endings", and "Latin Musicality & Technique"! Great for all levels of dancer. No partner required. Call or check our website calendar for details. We're also on Facebook! (707) 464-3638, www.dancewithdebbie.biz (D-0813)

GROOVE YOGA WITH LORI SNYDER AT OM SHALA YOGA. Join special guest Lori Snyder for a fun, flowing Vinyasa class set to everything from Krishna Das to Kermit the Frog. Saturday, August 8, 12:30-2:00. \$20 before 8/3, \$25 after. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (D-0730)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning. Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-1127)



REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, (707) 616-6876 shoshannaRaks@gmail.com (DMT-0702)

STEEL DRUM CLASSES. Beginning Classes Level 1 Fri's. 10:00-11:00a.m., Level 2 Fri's. 11:00-12:00p.m. Intermediate Thu's., 6:30-7:30p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0827)

WEST AFRICAN DANCE W/ LIVE DRUMMING. Tues.'s, All Level Class, 5:30 p.m -7 p.m. Thurs.'s Beginning/Breakdown, 7 p.m.-8 p.m., Redwood Raks Dance Studio, Arcata. Facebook Arcata West African Dance or contact Heather (707) 834-3610. (DMT-0331)

Fitness

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-0730)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1231)

Kids & Teens

15TH ANNUAL MOONSTONE BEACH SURFCAMP. Have fun while Safely Learning to Surf and improve all ocean skills. Includes Jr. Lifesaving. Licensed & Insured, male/female instructors. Ages 8+. \$195/week. Sessions: Aug 3-7 & Aug 10-14. Moonstone BeachSurfCamp.com or (707) 822-5099. (K-0730)

Lectures

PLUGGING INTO TELECOMMUTING Thurs, Oct. 15th 2015, 6-9:30PM, Fee: \$200 We see those scam ads that seem too good to be true. Yet it's obvious that telecommuting is a big tool and one adding new opportunities each day. Now is the time to get yourself "plugged-in" to both the present and future lucrative workforce opportunities in telecommuting. College of the Redwoods Community Education Call 476-4500 to register. (L-0730)

MYTHIC RE-MEMBERING T/W/Th, October 13, 14 & 15, 2015, 6:00 pm - 7:30 pm, Fee: \$45 Students will examine the tales of Snow White, The Snow Queen and Disney's Frozen. Looking at these tales will foster a discussion including history, Archetypes (i.e. the maiden's journey), functions of myth, and processes for transformation. The course will also look to memoir in the form of music and poetry, media's responses to these tales, and ways in which we individually relate to them, leading us to a mythic re-membering of ourselves. College of the Redwoods Community Education Call 476-4500 to register. (L-0730)

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

Spiritual

ARCATA ZEN GROUP MEDITATION. Beginners welcome. **ARCATA:** Sunday 7:55 a.m., Trillium Dance Studio, 855 8th St (next to the Post Office). Dharma talks are offered two Sundays per month at 9:20 a.m. following meditation. For more info. call (707) 826-1701 or visit arcatazengroup.org **EUREKA:** Wed's, 5:55 p.m., First Methodist Church, 520 Del Norte St., enter single story building between F & G on Sonoma St, room 12. For more info. call (707) 845-8399 or visit barryevans9@yahoo.com . (S-0924)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sun. morning. 9 a.m. meetings include child care. Children's & teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0702)

KIRTAN DEVOTIONAL SINGING WITH MINDY ANDERSON AT OM SHALA! Friday, July 10th from 7:30-9:00pm. Kirtan is the name for Hindu devotional chanting of ancient Sanskrit prayers. \$5-10 sliding scale. Sign up by visiting www.OmShalaYoga.com/workshops or by calling or visiting the studio. 707-825-YOGA(9642) or 858 10th St., Arcata. (S-0730)

continued on next page ►

workshops & CLASSES

continued from previous page

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-0702)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240
www.tarotofbecoming.com (S-0730)

THE RELATIONSHIP BETWEEN FAITH AND SCIENCE EXPLORED AT LIFETREE CAFÉ

The often-rocky relationship between faith and science will be discussed at Lifetree Café on Sunday, August 2 at 7 p.m. The program, titled "Faith and Science: Discoveries From the Scientist Who Led the Human Genome Project," features a filmed interview with Dr. Francis Collins, a world-renowned geneticist noted for his leadership in directing the human genome project. Lifetree Café is a Free Conversation Café - Snacks and Beverages. Located on the Corner of Union and 13th, Arcata. 707 672 2919 or bobbipert@hotmail.com or www.lifetreecafe.com (S-0730)

TRANSMISSION MEDITATION Wednesdays 6-7pm Isis Osiris Healing Temple 44 Sunny Brae Ctr, Arcata TransmissionMeditation.org 707-681-9770 (S-0924)

UNITY OF THE REDWOODS. Join us at Unity Church of the Redwoods, where love is felt, truth is taught, lives are transformed, and miracles happen. Services begin each Sun. at 11 a.m. 1619 California St., Eureka. Please stay for snacks and conversation after service. (707) 444-8725 (message), www.unityoftheredwoods.org (S-0730)

Summer Fun/Arts

ART CAMPS AT THE MORRIS GRAVES: Create, explore, be inspired! Camp runs August 3-7. Level 1 (ages 5-8) 9:30-12:30 and Level 2 (ages 9-12) 1:30-4:30. Students have the unique opportunity to view artworks by professional artists in a museum setting, explore their own creativity through hands on art projects and take home a portfolio of their work. \$90 per session or \$85 for members. Register at (707) 442-0278 or www.humboldtarts.org (SA-0730)

NEW SUMMER DAY CAMP. Humboldt Botanical Garden. Nature/Art/Math/Science Outdoor Camp. Children age 7-10. www.hbgf.org 442-5139

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844 442-0711. (T-0702)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m., at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0820)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0730)

SMOKING POT? WANT TO STOP? www.marijuana-anonymous.org (T-0924)



Wellness & Bodywork

ARCATA SCHOOL OF MASSAGE IS NOW ENROLLING FOR OUR 650-HOUR PROGRAM.

Starts Sept. 1, 2015. It is a Morning Program that meets Mon.- Fri., 9 a.m. - 1 p.m. Training is based in mindfulness, compassion, and many therapeutic massage modalities. Visit arcatamassage.com for complete course descriptions and information. (W-0128)

DANDELION HERBAL CENTER CLASSES WITH JANE BOTHWELL. Beginning with Herbs. Sept 16 - Nov 11, 2015, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. Festival of Herbs: Visiting Teachers Series. Dec. 2015 - May 2016. Meets the 1st weekend of the month for intermediate to advanced herb students and health care practitioners. Learn from renowned herbalists: Rosemary Gladstar, Christopher Hobbs, Amanda McQuade-Crawford, Kevin Spelman, Kathleen Harrison and Jessica Baker! Register online www.dandelionherb.com or call (707) 442-8157. (W-0910)

JIN SHIN JYUTSU SELF-HELP CLASSES. Learn what this ancient way of balancing energy with gentle touch is, and how to do it for yourself to enhance your health, comfort and peace of mind. Third Sundays, July thru December, 10 a.m. to 1 p.m. \$30 per class or \$150 for all six classes. Attend one, some, or all. July 19, Aug. 16, Sept. 20, Oct. 18, Nov. 15, Dec. 20, at the Arcata Wellness Center, 735 12th St., Arcata. Taught by Denny Dorsett RN, Jin Shin Jyutsu practitioner and self-help instructor. Call 707 825-0824 for information and pre-registration, or drop in, space allowing. (W-1217)

YOGA IN FORTUNA EVERY THURSDAY 9:30 a.m. - 10:45 a.m. Multigenerational Center 2280 Newburg Rd. Breathe, stretch, strengthen the body, calm the mind. All levels. \$11 drop in or 6 class pass \$57. Scholarships avail. info Laurie Birdsong 362-5457 (W-0730)

Vocational

INTERVIEWING & SOFT SKILLS PRACTICE

Monday, August 17th, 2015, 3:30pm - 7:00pm, Fee: \$150 College of the Redwoods Community Education Call 476-4500 to register (V-0730)

legal NOTICES

NOTICE OF PETITION TO ADMINISTER ESTATE OF BETTY ANN JANKE CASE NO. PR150179

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Betty Ann Janke
A PETITION FOR PROBATE has been filed by Petitioner, Julie Mendes In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that JULIE MENDES Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on August 6, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account

as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Stephen G. Watson
Law Office of W.G. Watson, Jr.
715 I Street
Eureka, CA 95501
(707) 444-3071
Filed: July 15, 2015
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

7/23, 30, 8/6 (15-162)

NOTICE OF PETITION TO ADMINISTER ESTATE OF MICHAEL R. MCKENZIE, aka MICHAEL MCKENZIE CASE NO. PR150176

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, Michael R. McKenzie, aka Michael McKenzie
A PETITION FOR PROBATE has been filed by Petitioner, Rachel McKenzie In the Superior Court of California, County of Humboldt.

THE PETITION FOR PROBATE requests that RACHEL MCKENZIE Be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on July 23, 2015 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept.: 8.

IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as

defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Leon A. Karjola
723 Fifth Street, Suite C
Eureka, CA 95501
(707) 443-0804

Filed: July 6, 2015
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

7/16, 23, 30 (15-159)

Loan: Coast/Bennett Order #: 00153232 File: PFI-150636 A.P.N.: 018-051-019-000

NOTICE OF TRUSTEE'S SALE UNDER DEED OF TRUST YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED 3/31/2006. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. NOTICE is hereby given that Placer Foreclosure, Inc., as trustee, or successor trustee, or substituted trustee pursuant to the Deed of Trust executed by: Rosenea Bennett, A Single Woman Recorded 4/5/2006 as Instrument 'o. 2006-9954-6 in book, page of Official Records in the office of the Recorder of Humboldt County, California, and pursuant to the Notice of Default and Election to Sell thereunder recorded 4/15/2015 in Book, Page, as Instrument No. 20 15 -006994-3 of said Official Records, WILL SELL on 8/19/2015 at On the steps to the front entrance of the County Courthouse, 825 5th Street, Eureka, CA 95501 at 10:30 AM AT PUBLIC AUCTION TO THE HIGHEST BIDDER FOR CASH (payable at the time of sale in lawful money of the United States), all right, title and interest conveyed to and now held by it under said Deed of Trust in the property situated in said County and State hereinafter described: As more fully described on said Deed of Trust. The property address and other common designation, if any, of the real property described above is purported to be: 2436 FERN STREET, EUREKA, CA 95503 The undersigned Trustee disclaims any liability for any incorrectness of

the street address or other common designation, if any, shown herein. Total amount of the unpaid balance of the obligation secured by the property to be sold and reasonable estimated costs, expenses and advances at the time of the initial publication of the Notice of Sale is: \$104,686.28 AP.N.: 018-051-019-000 In addition to cash, the trustee will accept a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in Section 5102 of the Financial Code and authorized to do business in this state. In the event tender other than cash is accepted the Trustee may withhold the issuance of the Trustee's Deed until funds become available to the payee or endorsee as a matter of right. Said sale will be made, but without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the indebtedness secured by said Deed, advances thereunder, with interest as provided therein, and the unpaid principal balance of the Note secured by said Deed with interest thereon as provided in said Note, fees, charges and expenses of the trustee and the trusts created by said Deed of Trust. NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on this property lien, you should understand that there are risks involved in bidding at a trustee auction. You will be bidding on a lien, not on the property itself. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. You should also be aware that the lien being auctioned off may be a junior lien. If you are the highest bidder at the auction, you are or may be responsible for paying off all liens senior to the lien being auctioned off, before you can receive clear title to the property. You are encouraged to investigate the existence, priority, and size of outstanding liens that may exist on this property by contacting the county recorder's office or a title insurance company, either of which may charge you a fee for this information. If you consult either of these resources, you should be aware that the same lender may hold more than one mortgage or deed of trust on the property. NOTICE TO PROPERTY OWNER: The sale date shown on this notice of sale may be postponed one or more times by the mortgagee, beneficiary, trustee, or a court, pursuant to Section 2924g of the California Civil Code. The law requires that information about trustee sale postponements be made available to you and to the public, as a courtesy to those not present at the sale. If you wish to learn whether

your sale date has been postponed, and, if applicable, the rescheduled time and date for the sale of this property, you may call 888-988-6736 or visit this Internet Web site saletrack.tdsf.com, using the file number assigned to this case PFI-150636. Information about postponements that are very short in duration or that occur close in time to the scheduled sale may not immediately be reflected in the telephone information or on the Internet Web site. The best way to verify postponement information is to attend the scheduled sale. Dated: 7/22/2015 Placer Foreclosure, Inc., as said Trustee 12190 Herdal Drive, Suite 9 Auburn, California 95603 (530) 888-8411 By: Shannon Winford, Trustee Sale Officer Directions May Be Obtained Pursuant To A Written Request Submitted To The Beneficiary C/O Placer Foreclosure, Inc., 12190 Herdal Dr., Suite 9, Auburn, CA 95603, Within 10 Days Of The First Publication Of This Notice. Placer Foreclosure, Inc. Is A Debt Collector Attempting To Collect A Debt And Any Information Obtained Will Be Used For That Purpose. TAC: 975230 PUB: 7/30, 8/06, 8/13/15 (15-167)

FICTITIOUS BUSINESS NAME STATEMENT 15-00431
The following person is doing Business as **VECTOR NEST** Humboldt, 128 Himalaya Dr., Trinidad, CA 95570 PO Box 270, Trinidad, CA 95570 **Mareva L Russo** 128 Himalaya Dr., Trinidad, CA 95570 **Bradley E Twoomey** 128 Himalaya Dr., Trinidad, CA 95570 The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Mareva L Russo, General Manager This statement was filed with the County Clerk of Humboldt County on July 17, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/23, 7/30, 8/6, 8/13 (15-249)

FBN
statements: \$55
442-1400

FICTITIOUS BUSINESS NAME STATEMENT 15-00383
The following person is doing Business as **RECYCLED YOUTH** Humboldt, 1507 G. Street, Arcata, CA 95521 **Taya R. Guynup** 5750 Old Railroad Grade, McKinleyville, CA 95519 The business is conducted by A General Partnership. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Taya Guynup, Owner This statement was filed with the County Clerk of Humboldt County on June 29, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: L. Holman

7/23, 7/30, 8/6, 8/13 (15-163)

FICTITIOUS BUSINESS NAME STATEMENT 15-00387
The following person is doing Business as **THE KID** Humboldt, 4344 Old Railroad Grade Road, McKinleyville, CA 95519 **David N. Alkema** 4344 Old Railroad Grade Road, McKinleyville, CA 95519 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s David Noel Alkema, Owner This statement was filed with the County Clerk of Humboldt County on June 30, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: M. Morris

7/9, 7/16, 7/23, 7/30 (15-156)

FICTITIOUS BUSINESS NAME STATEMENT 15-00397
The following person is doing Business as **THE COPPER CROW CAFE** Humboldt, 1656 Union Street, Eureka, CA 95501 **JESSICA N BOSTICK-LEE** 2237 Wycliff Ln, Eureka, CA 95503 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Jessica Bostick-Lee, Owner This statement was filed with the County Clerk of Humboldt County on July 02, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: M. Morris

7/9, 7/16, 7/23, 7/30 (15-157)

FICTITIOUS BUSINESS NAME STATEMENT 15-00399
The following person is doing Business as **HUMBOLDT ECO BLASTERS** Humboldt, 2380 Bongio Ct., Eureka, CA 95503 **Matthew S Simon** 941 Bayview St, Arcata, CA 95521 2380 Bongio Ct, Eureka, CA 95503 The business is conducted by Copartners. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Matthew S Simon, Allan J Bugler, Co-owners This statement was filed with the County Clerk of Humboldt County on July 02, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/30, 8/6, 8/13, 8/20 (15-168)

FICTITIOUS BUSINESS NAME STATEMENT 15-00357
The following person is doing Business as **BOYD'S GENERAL** Humboldt, 2253 Fern St., Apt 2, Eureka, CA 95503 **Ryan A. Boyd** 2253 Fern St., Apt 2, Eureka, CA 95503 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Ryan Boyd, Owner This statement was filed with the County Clerk of Humboldt County on June 16, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-158)

FICTITIOUS BUSINESS NAME STATEMENT 15-00389
The following person is doing Business as **CHRISTIAN & ASSOCIATES CONSULTING** Humboldt, 370 Arrow Lane, Bayside, CA 95524 **Michael R. Christian** 370 Arrow Lane, Bayside, CA 95524 The business is conducted by An Individual. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Michael Christan, Sole Proprietor This statement was filed with the County Clerk of Humboldt County on June 30, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-155)

FICTITIOUS BUSINESS NAME STATEMENT 15-00390
The following person is doing Business as **EXPRESS EMPLOYMENT PROFESSIONALS** Humboldt, 14 West Wabash Avenue, Eureka, CA 95501 **S&N Ventures, Inc., CA 3688445** 14 West Wabash Avenue, Eureka, CA 95501 The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Shelley Nilsen, Owner/President This statement was filed with the County Clerk of Humboldt County on June 30, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/30, 8/6, 8/13, 8/20 (15-165)

FICTITIOUS BUSINESS NAME STATEMENT 15-00396
The following person is doing Business as **REDWOOD BURL COMPANY** Humboldt, 200 Alder Grove Rd, Arcata, CA 95521 **Redwood Burl, Inc., 200 Alder Grove Rd, Arcata, CA 95521** The business is conducted by A Corporation. The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable I declare the all information in this statement is true and correct. A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000). /s Landon Buck, President This statement was filed with the County Clerk of Humboldt County on July 1, 2015 **KELLY E. SANDERS** Humboldt County Clerk By: A. Abrams

7/9, 7/16, 7/23, 7/30 (15-154)

SUBMIT

your

CALENDAR

EVENTS

OR BY

ONLINE

northcoastjournal.com

E-MAIL

calendar@northcoastjournal.com

legal NOTICES

FICTITIOUS BUSINESS NAME STATEMENT 15-00432

The following person is doing Business as **PEACEFUL PRODUCTIONS** Humboldt, 88 Lum St, Weott, CA 95771
P.O. Box 147, Weott, CA 95771
David R. Dougherty
738 K St, Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ David R. Dougherty, Owner
This statement was filed with the County Clerk of Humboldt County on
July 17, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: A. Abrams

7/23, 7/30, 8/6, 8/13 (15-164)

FICTITIOUS BUSINESS NAME STATEMENT 15-00433

The following person is doing Business as **JAY HUMBOLDT SELECT BREEDING, HANDLED ENTERTAINMENT**
Humboldt, 2366 17th St., Eureka, CA 95501
PO Box 247, Cutten, CA 95534
Sarah A. Maher
2366 17th St., Eureka, CA 95501
The business is conducted by An Individual.
The date registrant commenced to transact business under the fictitious business name or name listed above on Not Applicable
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ David R. Dougherty, Owner
This statement was filed with the County Clerk of Humboldt County on
July 20, 2015
KELLY E. SANDERS
Humboldt County Clerk
By: M. Morris

7/30, 8/6, 8/13, 8/20 (15-166)

ORDER TO SHOW CAUSE FOR CHANGE OF NAME ANTONIA RAMONA HOLLENBECK CASE NO. CV150430 SUPERIOR COURT OF CALIFORNIA, COUNTY OF HUMBOLDT 825 FIFTH ST. EUREKA, CA. 95501

PETITION OF: ANTONIA RAMONA HOLLENBECK
TO ALL INTERESTED PERSONS:
Petitioner: Antonia Ramona Hollenbeck
for a decree changing names as follows:
Present name
ANTONIA RAMONA HOLLENBECK
to Proposed Name
ANTONIA RAMONA BAYA
THE COURT ORDERS that all persons interested in this matter appear before this court at the hearing indicated below to show cause, if any, why the petition for change of name should not be granted. Any person objecting to the name changes described above must file a written objection that includes the reasons for the objection at least two court days before the matter is scheduled to be heard and must appear at the hearing to show cause why the petition should not be granted. If no written objection is timely filed, the court may grant the petition without a hearing.

NOTICE OF HEARING
Date: August 28, 2015
Time: 1:45 p.m., Dept. 8
SUPERIOR COURT
OF CALIFORNIA,
COUNTY OF HUMBOLDT
825 FIFTH STREET
EUREKA, CA 95501
Date: July 9, 2015
Filed: July 9, 2015
/s/ Dale A. Reinholdtsen
Judge of the Superior Court

7/16, 7/23, 7/30, 8/6/2015 (15-160)

FIELD NOTES

The Heartbeat Hypothesis

HUMANS ARE OUTLIERS RELATIVE TO OTHER MAMMALS WHEN COMPARING LIFESPAN TO

HEARTBEAT.
REDRAWN FROM LEVINE HJ. REST HEART RATE AND LIFE EXPECTANCY. J AM COLL CARDIOL 1997

By Barry Evans

fieldnotes@northcoastjournal.com

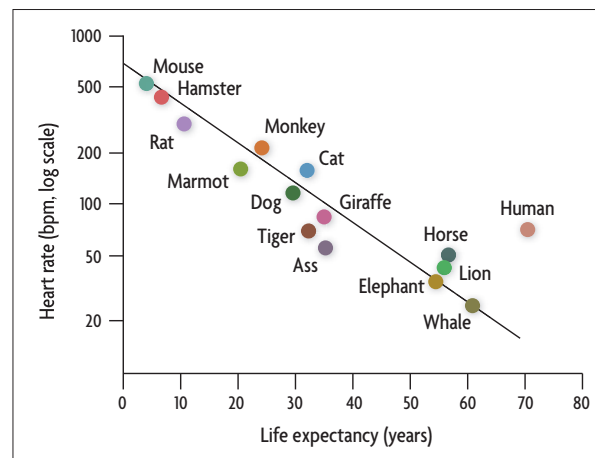
Like Achilles, who was given the choice of living a short, glorious life or a long and dull one, animals with high-metabolisms/fast heartbeats (such as shrews and mice) have a brief but furious time in the sun, while comparatively plodding horses and elephants enjoy long lives.

Take the American pygmy shrew, North America's smallest mammal. It's about the size of the top segment of your thumb, with a tail added. Relative to larger mammals, this tiny critter's metabolism is a blur of activity. In terms of pulse rate, for instance, compare the shrew's 1,400 heartbeats per minute to the human's 60 and the elephant's 28.

Some 80 years ago, biologists stumbled on the empirical "quarter power scaling rule," which states that a mammal's heart-beat is proportional to the creature's mass taken to the minus one-quarter power ($m^{-1/4}$). The rule says that a cat, for instance, weighing roughly 100 times more than a mouse, has a pulse rate 100-1/4 (about one third) that of a mouse; it's actually 150 versus 500 beats per minute (bpm).

It's not just that as animals get bigger their pulses slow in accordance with the quarter power rule, but that their life spans lengthen accordingly: A mouse lives about one third of a cat's lifespan, five years versus 15 years. The quarter power rule holds across a vast range of sizes, from tiny shrew to huge elephant, leading to the astonishing "heartbeat hypothesis." Humans aside, *at birth, mammals are all granted the same lifetime supply of heartbeats.* How many? About a billion. Compare "total heartbeats" in the following list:

Pygmy shrew: 1.02 billion total heartbeats (1300 bpm, 1.5 year average lifespan)
Mouse: 1.31 billion (500 bpm, 5 years)
Cat: 1.18 billion (150 bpm, 15 years)
Human: 2.24 billion heartbeats (60 bpm, 71 years)



Horse: 0.93 billion (44 bpm, 40 years)
Elephant: 1.03 billion (28 bpm, 70 years)

Note that we're the exception. If humans followed the "one billion heart-beat" rule, we'd be pushing up the daisies around age 32. (Contrary to popular myth, the maximum lifespan of humans hasn't increased that much over the centuries — used to be, plenty of people lived to age 70 if they were able to avoid disease and violence.) What's so special about us that we manage to avoid the billion-heartbeat hypothesis, and live three times as long as we "should?"

Probably because we have long periods of adolescence compared with other creatures. Paleontologist Stephen Jay Gould attributed this happy state of affairs to our "neotenic" evolution, whereby as adults we have retained the juvenile features of our ancestors. We thus have much longer gestation and childhood periods than comparably-sized mammals. If members of other species could reason, they might well envy our seemingly eternal youth as we live out our long adolescences.

And anyway, life is more than numbers. Louis MacNeice, in his long poem "Autumn Journal," maintained that the rest of his life (following an affair of the heart) "will not be only/ A drag from numbered stone to numbered stone/ But a ladder of angels, river turning tidal." ●

Barry Evans (barryevans9@yahoo.com) recently celebrated his 2.3 billionth heartbeat.

HUNGRY?

m.northcoastjournal.com

Search nearby locations, by neighborhood, type of food, price or even those that feature local ingredients.

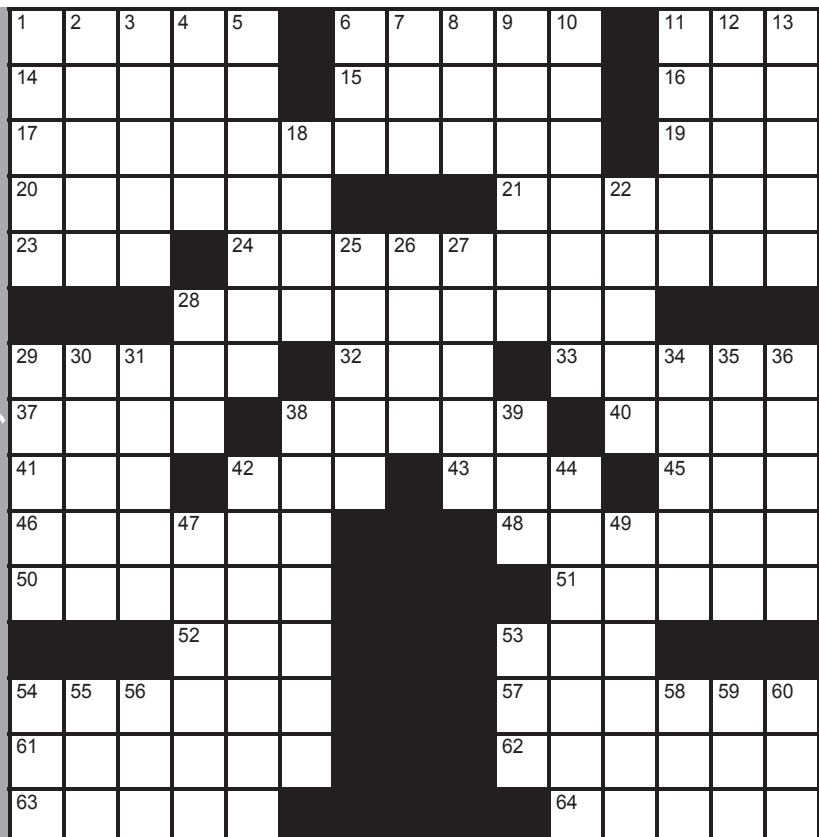


What's your food crush?

We're looking for the best kept food secrets in Humboldt.

Email your tip (Is it a burger? A cookie? A fried pickle?) and we'll check it out for the Hum Plate blog.

Email
jennifer@northcoastjournal.com



HYDRANT

ANSWERS NEXT WEEK!

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ACROSS

1. When Juliet drinks the potion
6. "Hello! I'm ..." badge
11. Norm: Abbr.
14. Cranberry ____
15. Moniker after a lifestyle change
16. Water tester
17. Sidewalk sighting evoked by the image at the bottom center of this grid
19. Fido's response
20. Ab ____ (from the start)
21. "Just watch me!"
23. Top point value of a Scrabble tile
24. Sign meant to prevent what's seen by the ends of 61- and 63-Across and starts of 62- and

64-Across

28. Cut, as a cake
29. First words in Genesis
32. Afgh. neighbor
33. They usually involve a lot of extras
37. Dept. of Labor division
38. Adrift, say
40. Suffix with switch
41. Bill ____, the Science Guy
42. Quiz response: Abbr.
43. Mil. rank
45. Okla. campus with a Prayer Tower
46. Dis
48. Banjo sounds
50. Gets no answers wrong on a test
51. Actor Davis who eulogized Malcolm X
52. 2013 Spike Jonze

love story

53. Suffix meaning "approximately"
54. Ferris' girlfriend in "Ferris Bueller's Day Off"
57. Name on many a hospital
61. "Goody, goody gumdrops!"
62. Like most canned tomatoes
63. Indian bread?
64. Jury members

DOWN

1. Comparable to a fiddle
2. "The Cider House Rules" Oscar winner
3. 2006 Winter Olympics host
4. "O.G. Original Gangster" rapper
5. Plane, train or an automobile

6. Neither Rep. nor Dem.
7. German "the"
8. Onetime carrier with a hub at JFK
9. Embryonic sac
10. Be a wiseacre
11. Tolerate
12. Many a broken statue
13. Clear up, as a windshield
18. Fats Domino's "It's ____ Love"
22. Soap-on-____
25. Sales slips: Abbr.
26. "I'll ____ brief as possible"
27. "Omigosh!"
28. Doo-wop syllable
29. Area conquered by Alexander the Great
30. Band with the 2000 #1 hit "It's Gonna Be Me"
31. The ones here

34. Pressing needs?
35. Welsh breed
36. Boozehound
38. Its hollow stems are often home to venomous insects
39. Insurance co. employee
42. Property recipient, at law
44. Basic ballroom dance
47. What a horseshoe has
49. Simpson with the 2004 hit "Pieces of Me"
53. AOL or EarthLink: Abbr.
54. Isr. neighbor
55. Actress Lucy
56. Enemy: Abbr.
58. Diminutive suffix
59. Lead-in to plop or plunk
60. Actors Harris and Helms

LAST WEEK'S ANSWERS TO FOLLOWING UP

W	N	W		T	H	E	M		G	L	A	R	E	D
H	A	I		H	I	Y	O		R	E	C	O	P	Y
A	N	D	C	O	M	E	R		A	T	E	A	S	E
M	O	T	T	S			A	M	B		I	D	I	D
M	O	H	R		H	I	L	L	B	A	T	T	L	E
O	K	S		S	E	N		K	Y	L		R	O	G
				B	E	A	S	T		I	C	I	N	G
				F	O	L	L	O	W	I	N	G	U	P
B	S	I	D	E			I	R	E	N	E			
A	W	N		C	S	I		A	M	S		H	O	C
R	I	G	H	T	P	I	A	N	O		B	A	R	A
I	S	E	E		A	N	E			N	A	S	I	M
S	H	R	I	F	T		T	O	N	O	G	O	O	D
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© Puzzles by Pappocom HARD #54

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	4	9			5			
				4				
4	7						2	
	8	1				6	4	
	2						9	1
				7				
			3			9	8	
5					8	3		2

www.sudoku.com

classified employment

CONTINUED ON NEXT PAGE

Opportunities

AIRLINE CAREERS. Start here - If you're a hands on learner, you can become FAA Certified to fix jets. Job placement, financial aid if qualified. Call AIM 800-481-8389. (E-0723)

AMERICAN STAR PRIVATE SECURITY. Is Now Hiring. Clean record. Drivers license required. Must own vehicle. Apply at 922 E Street, Suite A, Eureka (707) 476-9262. (E-1231)

HELP WANTED!! Make \$1000 A Week!! Mailing Brochures From Home. Helping home workers since 2001. Genuine Opportunity. No Experience Required. Start Immediately. www.nationalmailers.com (AAN CAN)

Opportunities

HUMBOLDT STATE UNIVERSITY
— A California State University

Heavy Equipment Operator/Bus Driver (Job #14-114) Intermittent hourly position in Facilities Management. Review: 8/14/15. For more info visit: <http://apptrkr.com/646062> or call 707-826-3626. HSU is an ADA/Title IX/EOE



United Indian Health Services, Inc.

Application deadline: August 7, 2015

Diabetes Program Manager

Implements prevention efforts in community and provides clinical coordination with medical providers

Assistant Fiscal Controller

Manages account reconciliation and operating revenue functions

Purchased-Referred Care Technician

Verifies insurances, processes and tracks referrals

Health Promotion Project Supervisor

Leads specific grant-funded projects in area of suicide prevention

Health Promotion & Education Technician (HPE)

Provides education to community in prevention activities. Humboldt & Del Norte County as assigned

Nutrition Assistant (WIC) - 2 positions

Assist with WIC applications and provides nutrition education

Medical Provider - MD/DO or FNP/PA

Smith River & Klamath areas. Provides full scope primary care

Behavioral Health Counselor

Provides individual, group, child and family counseling

Corporate Compliance Officer

Ensures compliance with regulatory agencies

Client Benefits Technician

Registers and assist patient in insurance applications

Job description & salary range posted on website. Employment application available online at www.uihs.org.

Email application, cover letter and resume to UIHS-Recruiting@carih.org

Serving the Native American Community since 1970. In accordance with PL 93-638 American Indian Preference shall be given.

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Apply in person.
600 F Street, Ste. 3, Arcata

Applications accepted through **August 12, 2015**
No phone calls please.

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442-1400



Opportunities



**CITY OF ARCATA
POLICE OFFICER**
(\$48,719.07-\$59,218.33/yr
+ generous benefits)
&

POLICE OFFICER TRAINEE
(\$17.184-\$20.888/hr + health coverage)

Applications considered on an ongoing basis. Application materials available at Arcata City Manager's Office, 736 F Street, Arcata, CA 95521; by calling (707) 825-2135; or at www.cityofarcata.org. EOE.



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Yes, you can be happy at work....here. If you have to work, why not do so with some of the best in the business. We are looking to hire a **Housekeeper, Registered Nurses** and other positions.

Look on our web site for openings:
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open door Community Health Centers

BEHAVIORAL HEALTH INTEGRATED PROVIDER

1 F/T Crescent City

CASE MANAGER

1 F/T Arcata

DIETICIAN (Ped obesity experience)

1 F/T Arcata/Eureka

LAB ASSISTANT

1 F/T Crescent City

LATINO HEALTH COORDINATOR

1 F/T Crescent City

MEDICAL ASSISTANT

1 F/T Arcata

1 F/T Arcata (prenatal)

MEDICAL RECEPTIONIST

1 F/T Crescent City

2 F/T Eureka (1 for Pediatrics)

REGISTERED NURSE

1 F/T Willow Creek

RN CLINIC COORDINATOR

1 F/T Crescent City

SITE ADMINISTRATOR

1 F/T McKinleyville

Visit www.opendoorhealth.com to complete and submit our online application.

Opportunities

OUTSIDE SALES Established Wholesaler with extensive portfolio of wine, spirits and non-alcoholic beverages accepting resumes from qualified applicants. Experience in Beverage Industry required. Retail and/or Restaurant Experience preferred. Compensation to be negotiated. Resumes to: Personnel, 3001 So. State #34, Ukiah, Ca. 95482 N/A



**Southern Humboldt Community Healthcare
District is now accepting applications for:**

CLINICAL LAB SCIENTIST

Full Time Position. California Clinical Laboratory Scientist. Chemistry, hematology, UA, coagulation and blood bank experience required. Includes shared call.

REGISTERED NURSE

Full Time, Part Time, or Per Diem Position. Current RN License and CPR certification required. Work 12-hour shifts in our critical access emergency room.

PHLEBOTOMIST

Full Time Position. Current certification required.

RADIOLOGIC TECHNOLOGIST

Temporary, Full Time Position. Current certification required. 8-hour, day shift, on-call required. Housing provided when on-call.

*Full Benefits package for all Full Time Employees.
Health Insurance for Part Time Employees
*Shared housing available between shifts

Visit www.shchd.org for more information and to apply
Or call (707) 923-3921 ext. 230

Opportunities

RESTIF CLEANING SERVICE

Local, 100% employee owned company is accepting applications for an Office Clerk I position to work Mon-Fri, 9a-5:30p. Starting wage is \$9/hr with a guaranteed bonus of in between \$300-500 DOE and performance per month during trial period. Trial period is four months. After trial period, wage increases substantially. Job duties include customer service, answering phones, scheduling and billing jobs. Responsibilities include some accounting skills. Previous office experience required. Send resume and cover letter to pamela@restif.com



ON-CALL LPT, LVN POSITIONS AVAILABLE Apply at Crestwood Behavioral Health Center,
2370 Buhne St, Eureka
www.crestwoodbehavioralhealth.com/eureka.html



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2930 E St., Eureka, CA 95501
(707) 445.9641

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**CITY OF EUREKA
INDUSTRIAL
MAINTENANCE TECH**
\$3,270-\$4,175 MONTHLY
Excellent Benefit Package

The City of Eureka is seeking an Industrial Maintenance Technician who can perform the most complex and specialized duties required to ensure that water and wastewater treatment facilities and systems are maintained in a safe and effective working condition; exercises technical and functional direction and training over assigned staff. The City's Elk River Wastewater Treatment Plant is located on the East side of the Humboldt Bay near the mouth of the Elk River.

REQUIREMENTS: Equivalent to the completion of the twelfth (12th) grade supplemented by college-level coursework in water and/or wastewater treatment plant maintenance and repair, the electrical and/or mechanical trades, or related field, and four (4) years of responsible utility maintenance and repair experience is required. Knowledge of and experience with 3 phase electrical systems. License: Valid California class C driver's license with satisfactory driving record. Confined space Certification. First Responder Certification. Other certifications specific to functional area of assignment may be required.

For more information and to apply on line please visit our website at www.ci.eureka.ca.gov.

**Final filing date: 5:00 pm
Friday August 21 EOE**



**CITY OF EUREKA
ZOOKEEPER-RPT**

\$2,427 - \$3,099 MONTHLY
This vacancy is a Regular Part-Time position (70% FTE)

This is a journey-level class in the City Zoo that performs a range of routine and complex animal care duties, provides customer service and education to patrons, maintains high husbandry standards, and assists with veterinary decisions.

This class is responsible for technical and functional direction over lower-level zookeeper staff and is capable of performing the most complex duties assigned to the division.

For more information or to apply online please visit our website at: www.ci.eureka.ca.gov, or call the Job Line at (707) 441-4134.

**Final filing date: 5:00 pm,
Friday, August 7. EOE**

Opportunities

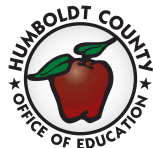
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PT RN POSITION AVAILABLE FOR RESIDENTIAL PROGRAM

Apply at Crestwood Behavioral Health Center,
2370 Buhne St, Eureka
www.crestwoodbehavioralhealth.com/eureka.html



Humboldt County Office of Education

School Nurse

Part-time, 0.5 FTE

Placement on Certificated Salary Schedule, (\$40,167-\$46,629/Yr., will be prorated for 0.5 FTE).

Qualifications: A BA in nursing or related field and a Registered Nursing license. With these qualifications an applicant is eligible to then apply for the required Preliminary California School Nurse Services Credential and entry into one of the programs for a Permanent School Nurse Credential. Itinerant school nursing experience preferred.

Full job description available on the HCOE website. Eligible for Health & Welfare benefits & STRS retirement. Certificated app available at HCOE or online: www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: July 30, 2015.**

PAYROLL/PERSONNEL

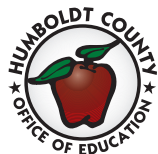
Classified, confidential position responsible for all personnel/payroll duties. Position entails a high level of responsibility & independent judgment in the completion of complex, detailed, personnel, payroll, financial & administrative duties.

2 yrs higher education in business/accounting and/or 3 yrs experience in school/governmental accounting-personnel/payroll. Permanent, full-time, 8 hrs/day, 5days/wk, 12 month position.

\$42,554 – \$51,515 DOE + health benefit pkg + retirement. Successful applicant will be responsible for all fees incurred for fingerprinting and TB test clearance.

Complete job description and application at Arcata School District Office, 1435 Buttermilk Lane, Arcata CA 95521.

Opportunities



Humboldt County Office of Education FINANCIAL ACCOUNTING/BUDGET Principal Account Technician

FT, 7.5 Hrs./Day, 12 Mo./Yr., 260 days.
\$2715.48-\$3462.98/Mo.,
\$16.71-\$21.31/Hr. Starting Salary DOE.
Eligible for H&W Benefits, PERS.

Qualifications: Requires 5 years of experience in financial accounting, analysis, budget, accounts payable, accounts receivable and problem resolution. Also requires competency in spreadsheet and software applications.

Applications available at HCOE or online:
www.humboldt.k12.ca.us

Reply to: PERSONNEL, HCOE, 901 Myrtle Ave., Eureka, CA 95501. For questions contact Kathy Atkinson at katkinson@humboldt.k12.ca.us or call (707) 445-7039. **Closes: 8/11/2015, 4 PM**



CHILD CARE CASE MANAGER

This full-time position interviews applicants to determine eligibility for subsidized child care programs and maintains a caseload of clients.

Bilingual Child Care Case Manager requires ability to speak, read, and write in accurate, fluent Spanish. **Child Care Case Manager** starts \$12.77/hour; **Bilingual Child Care Case Manager** starts \$14.11/hour.

EARLY EDUCATION SPECIALIST

This full-time position performs a range of activities with providers and parents participating in the Early Head Start-Child Care Partnership (EHS-CCP) and Family Child Care Home Education Network (FCCHEN) programs to support the healthy growth, education and development of infants, toddlers, and children under age 4 and to meet EHS-CCP standards. Starts \$17.23/hour.

Must possess a valid CDL and current insurance, and a vehicle for work use. Must pass a criminal record background check.

Benefits: paid vacation/sick leave, holidays and paid insurance.

Application and job description available at www.changingtidesfs.org or by calling (707) 444-8293. Please submit letter of interest, resume, and application by email to nprato@changingtidesfs.org or U.S. mail to Nanda Prato, 2259 Myrtle Avenue, Eureka, CA 95501 by **Monday, August 3rd at 5:00 p.m.** EOE



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Opportunities



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Submit Resume to:
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Application to:
www.caregiverhire.com
(707) 443-4473



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Job Opportunity

We are hiring one position as a

Court Manager I

\$4166-6416/mo DOQ
+ benefits

OR

Court Manager II

\$4916-7083/mo DOQ
+benefits

FBI/DOJ/Background

App due by
5PM 8/3/2015

For app & info call
707-269-1245 or email
HR@humboldtcourt.ca.gov



EDUCATION: EQUAL OPPORTUNITY TITLE IX

For jobs in education in all school districts in Humboldt County, including teaching, instructional aides, coaches, office staff, custodians, bus drivers, and many more. Go to our website at www.humboldt.k12.ca.us and click on Employment Opportunities. Applications and job flyers may be picked up at the Personnel Office, Humboldt County Office of Education 901 Myrtle Ave, Eureka, or accessed online. For more information call 445-7039. (E-0625)

CONTINUED ON NEXT PAGE

Opportunities

HOME CAREGIVERS PT/FT.

Non-medical caregivers to assist elderly in their homes. Top hourly wages. (707) 362-8045. (E-1231)



KITCHEN & HOUSEKEEPERS

On-Call to join team at behavioral health center. Must pass DOJ & FBI back ground check. Cook \$11.41/hr, Housekeeping \$10.14/hr. EEO/AA/Minority/F/Vet/Disability Employer. 2370 Buhne St, Eureka



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Human Resource, FT
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Auctions

PUBLIC AUCTIONS

THURS. JULY 30TH 5:15PM

Estate Furniture & Household Misc. Incl. McKinleyville Estate with Danish Modern Furniture

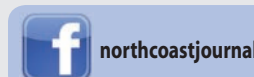
THURS. AUG. 13TH 5:15PM

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& THURS. FROM 11AM TO SALE TIME



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Provide a safe and stable environment for youth 13-18 for them to learn & grow in their own community. Contact the HC Dept. of Health & Human Services Foster Care Hotline for more information (707) 499-3410

Merchandise

STRETCH YOUR BACK TO SCHOOL BUDGET! KIDS CLOTHES HALF PRICE at the Dream Quest Thrift Store July 30 -August 5. Next door to the Willow Creek Post Office. Where your shopping dollars help youth to realize their dreams!

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2006 Dodge Ram 2500 4x4 Crew Cab #23315 ..	\$24,995
2008 Ford F-250 SD 4x4 XCab Only 52K! #12215 ..	\$24,995
2012 Ford F-150 4x4 XCab EcoBoost! #18615 ..	\$24,995
2007 Toyota Tundra TRD Crew Cab #26714	\$24,995
2000 Ford F-250 SD 4x4 7.3L Diesel #31115 ..	\$20,995
2005 Ford F-150 FX4 4x4 Crew Cab #21815 ..	\$20,995
2006 Toyota Tacoma 4x4 Crew Cab #20315	\$18,995
2009 Dodge Ram 1500 4x4 Crew Cab #27315 ..	\$16,995
1990 Toyota Pickup 4x4 XCab 5 Spd! #29415 ..	\$10,995
2001 Ford Ranger 4x4 XCab #26615	\$8,995
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Hidden Valley Ranch

257 Acres in Trinity County, with River Access

This off-the-grid, dream property offers 4 homes, abundant water, access to the South Fork of the Trinity River, timber, solar & propane, a well-established orchard, an organic farm, a blacksmith shop, barn, large shops and more. The main, finished home has style, character and long views. The second home is larger, with impressive beam ceilings & long views. It awaits some finishing touches. The other 2 homes will benefit from your vision and TLC. Hydro power has been used here & is still feasible. There are water tanks, a 32,000 gallon holding pond, water rights to a nearby creek, and generator back-up. The river provides beauty and recreational activity, including a nice deep swimming hole. This is the perfect property for a family retreat or to live your self-sustained dream.

\$999,000



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Charlie Tripodi Owner/ Land Agent BRE #01332697 707.834.3241	Kyla Tripodi Owner/Broker/ Realtor/ Land Agent BRE #01930997 707.834.7979	Brenden Morton Realtor/ Land Agent BRE #01961360 707.845.2702	Katherine Fergus Realtor/ Residential Specialist BRE #01956733 707.601.1331	Jessica Ricker Realtor/ Residential Specialist BRE #01733812 707.616.1006



CRESCENT CITY LAND/PROPERTY \$199,000

±35 Acres of gorgeous ridge top property just 25 minutes from Crescent City! Property is flat and useable with three building sites, great access, and ocean views. Short drive to the beautiful Smith River for summer swimming!

PIERCY LAND/ PROPERTY \$449,000

Excellent location to own ±60 acres in Northern Mendocino County. Enjoy ridge top views from this private property on Bell Springs Road which includes an unfinished house approximately 1600 sqft, custom wood panel ceilings, PG&E power with upgraded 200 Amp service, ideal well water system that produces 10 gallons per min, developed agricultural sites, and a small unfinished studio. A must see!

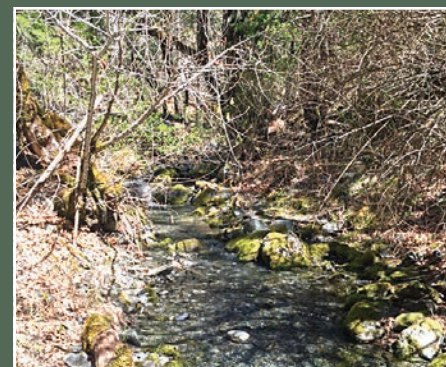


FERNDALE HOME ON ACREAGE \$289,000

A rustic farmhouse style home, situated on ten acres of mostly sloping hillside with abundance of water supply, numerous outbuildings, a gravel pit, mountain views, and a great mixture of Spruce, Cedar, and Doug fir trees. Desirable property for a person or family looking to be in a remote yet convenient location secluded from neighboring homes, yet close to town. This property has tremendous potential and is priced to sell. Owner will carry.

RUTH LAND/ PROPERTY \$60,000

±5.5 Beautiful acres conveniently located next to the Ruth Store and Bar, just 10 minutes from Ruth Lake! Property features community water, PG&E at the street, and a developed camping site. The parcel is mostly wooded with a small meadow in the back of the property and a creek as one of the boundaries.





Local children received free helmets, helmet inspections and more at our Rio Dell Bike Rodeo.

St. Joseph Health helps thousands of people in Humboldt County each year. We strive through our growing network to continually improve quality of life and foster the healthiest communities.

StJoeHumboldt.org

our care EXTENDS FAR BEYOND *our walls*

For 95 years, we've been meeting the health care needs of our community including caring for the vulnerable and disadvantaged among us. Highlights from our care in 2014 include:

- Over 91,000 visits to our five community resource centers
- Over 33,000 St. Joseph Hospital emergency room visits
- Over 12,000 Redwood Memorial Hospital emergency room visits
- Over 4,300 procedures at our outpatient surgery centers
- Over 94,000 primary care and specialty visits through Humboldt Medical Specialists
- 779 days in medical respite for homeless patients needing extra time to heal
- \$202,368 grant dollars reinvested in our county to care for the poor
- \$11.5 million in charity care provided
- 819 low income children and their family members enrolled in health insurance by our Healthy Kids Humboldt program
- Over 9,500 hours spent training student nurses
- 101 classes offered, at no cost, to improve the health of Latino families
- 447 cancer patients and their family members stayed 3,449 nights at the Evergreen Lodge, our home away from home facility for patients undergoing cancer treatment
- 367 diagnoses of cancer treated close to home
- 5,000 received information, referrals and free health screenings at our annual health fair
- 105 free flu shots given at our community resource centers
- Over 31,000 after school snacks given to local children
- Over 2,300 transportation assistance provided to/from medical appointments (includes taxi, bus tickets, gas cards)
- We work with 10 non-profits to improve food security... because no one should be hungry

St. Joseph Health 
Redwood Memorial • St. Joseph